

Public Health Advisory

Iqaluit dump fire smoke public health update

Start Date: August 29, 2014 End Date: September 2, 2014

Iqaluit, NU 60 sec

The Department of Health is reminding residents to take necessary precautions regarding the dump fire smoke.

People with heart or lung disease, asthma, the elderly, children, pregnant women and women who may become pregnant should limit their exposure to dump fire smoke. This can be done by staying indoors with the doors and windows closed, and with air exchangers set to recirculate indoor air or turned off. Reduce or reschedule outdoor physical activity. People should seek medical attention if they have symptoms such as trouble breathing or tightness in the chest.

Berry picking season has begun. Any smoke that falls on berries remains on the surface but doesn't get inside the berry. To be careful, wash the berries before you eat them.

For more information, see the Q and As on the Department of Health's website gov.nu.ca/health.

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