2

3

1

ᐅᖃᐅᓯᖃᕐᓂᖅ ᐳᕙᒡᓗᖕᓇᒥᒃ ᓄᑕᖅᑲᓄᑦ

WWW.GOV.NU.CA/IU/HEALTH/PUVAGLUNGNAQTUQ

ᐳᕙᒡᓗᖕᓇᖅ ᓲᕐᓗᓕ ᓄᕙᒃᑐᑐᑦ, ᑭᓯᐊᓂ
ᖃᓂᒪᓐᓇᕐᓂᖅᓵᓗᒃ.

ᑭᒃᑯᑐᐃᓐᓇᑦ ᐳᕙᒡᓗᖕᓇᒧᑦ ᖃᓂᒻᒪᒃᐸᑕ,
ᖁᐃᖅᓱᑲᑕᒍᓐᓇᖅᑐᑦ, ᐆᑎᕐᓇᕈᓐᓇᖅᑐᑦ,
ᐅᐃᕐᖓᕈᓐᓇᖅᑐᑦ, ᓂᕐᕆᕐᓗᒍᓐᓇᖅᑐᓪᓗ.

ᐳᕙᒡᓗᖕᓇᖅ ᐆᒻᒪᕆᒃᑎᓪᓗᒍ, ᐃᓄᐃᑦ
ᖁᐃᖅᓱᕈᓯᖏᑦ ᑕᒋᐅᒍᓯᖏᓪᓗ
ᓯᐊᒻᒪᒃᑎᕆᔪᓐᓇᖅᐳᑦ ᐳᕙᒡᓗᖕᓇᒦᑦᑐᑦ
ᖁᐱᕐᕈᐊᕐᔪᖕᓂᒃ ᑕᒪᐅᖓ ᐊᓂᖅᓵᖅᑐᖅᐸᒃᑕᑦᑎᓐᓄᑦ ᐊᓯᖏᓐᓄᓪᓗ ᖃᓂᒻᒪᒍᑕᐅᔪᓐᓇᖅᖢᑎᒃ.

ᐋᓐᓂᐊᖅᑰᔨᙱᒃᑲᓗᐊᕈᕕᑦ, ᐳᕙᒡᓗᒍᓐᓇᕋᕕᑦ ᓯᐊᒻᒪᒍᓐᓇᙱᑦᑐᒥᒃ ᑎᒥᖕᓃᖅᑐᖃᖅᐸᑦ. ᑕᒪᒃᑯᐊ ᓯᐊᒻᒪᒍᓐᓇᙱᑦᑐᑦ ᐳᕙᒡᓗᖕᓇᐃᑦ ᐆᒻᒪᕈᓐᓇᕐᒪᑕ ᖃᑯᒍᙳᒃᑲᓐᓂᖅᐸᑦ

ᐋᓐᓂᐊᓕᕈᑎᒋᔪᓐᓇᖅᖢᑎᒍᓪᓗ.

ᐃᓅᓕᓴᐅᑎᑕᖃᖅᑐᖅ
ᐱᑕᖃᕈᓐᓃᖅᑎᑦᑎᔪᓐᓇᖅᑐᓂᒃ ᓯᐊᒻᒪᒍᓐᓇᙱᑦᑐᓂᒃ ᐳᕙᒡᓗᖕᓇᓂᒃ ᐆᒻᒪᕆᒃᑐᒡᓘᓐᓃᑦ ᐳᕙᒡᓗᖕᓇᓂᑦ.

ᑕᑯᔭᖅᑐᕆᐊᖃᕐᓂᐊᖅᑕᕗᑦ ᐃᓗᐊᖅᓴᐃᔨ
ᖃᐅᔨᔭᖅᑐᕐᕕᒋᓗᑎᒍᑦ
ᐳᕙᒡᓗᖕᓇᖅᑐᖃᕐᒪᖔᖅᐱᑦ ᑎᒥᖕᓂᑦ.

ᐱᒻᒪᕆᐅᖕᒪᑦ ᓄᑕᖅᑲᑦ ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᕆᐊᖃᕐᓂᖏᑦ ᐳᕙᒡᓗᖕᒪᖔᑕ, ᐱᓗᐊᖅᑐᒥ ᓄᑕᕋᓛᑦ ᐱᓱᒋᐅᖅᐸᓪᓕᐊᓕᓵᖅᑐᓪᓗ. ᐋᓐᓂᐊᓕᕈᑎᒋᕐᔪᐊᕈᓐᓇᕐᒪᒋᑦ.

ᐳᕙᒡᓗᖕᓇᖅ ᐃᒪᐃᑦᑑᔪᓐᓇᖅᐳᖅ "ᓯᐊᒻᒪᐃᔪᓐᓇᙱᓪᓗᓂ" ᐅᕝᕙᓘᓐᓃᑦ ᐆᒻᒪᕆᒡᓗᓂ. ᓯᐊᒻᒪᐃᔪᓐᓇᓐᖏᑦᑐᖅ ᐳᕙᒡᓗᖕᓂᖅ ᖃᓂᒪᓂᐅᓐᖏᑦᑐᖅ ᐊᒻᒪᓗ ᐊᐃᑦᑐᕐᓗᐃᔪᓐᓇᓐᖏᑦᑐᖅ ᐳᕙᒡᓗᓕᕐᑎᑦᑎᔪᓐᓇᖅᑐᓂᒃ ᖁᐱᕐᕈᓂᒃ. ᑭᓯᐊᓂ ᐃᓗᐊᖅᓴᖅᑕᐅᓗᑎᑦ, ᓯᐊᒻᒪᐃᔪᓐᓇᓐᖏᑦᑐᖅ

ᐳᕙᒡᓗᖕᓂᖅ ᐳᕙᒡᓗᓕᓪᓚᑖᖅᑎᑦᑎᔪᓐᓇᖅᑐᖅ. ᑕᐃᒪᓐᓇᐅᒐᓗᐊᖅᑎᓪᓗᒍ ᐳᕙᒡᓗᒃᖢᓂ ᒪᒥᑎᑕᐅᓐᓇᖅᑐᖅ, ᓄᑕᖃᓂᒃ ᐊᒃᓱᒻᒪᕆᐋᓗᒃ ᐋᓐᓂᐊᖅᑎᑦᑎᔪᓐᓇᖅᑐᖅ ᐱᓗᐊᖅᑐᒥᒃ ᐅᑭᐅᖏᑦ 2-ᖑᖅᓯᒪᓐᖏᑦᑐᑦ ᐊᒻᒪᓗ ᐊᓯᖏᓐᓂᒃ ᐋᓐᓂᐊᖃᕌᖓᑕ. ᑕᒪᕐᒥᒃ ᐳᕙᒡᓗᖕᓇᕈᓰᒃ

ᖃᐅᔨᓴᖅᑕᐅᔪᓐᓇᖅᐳᑦ ᖃᓄᐃᑦᑐᓐᓃᖅᑎᑕᐅᔪᓐᓇᖅᖢᑎᒡᓗ.

ᐳᕙᒡᓗᖕᒪᖔᖅᐱᑦ ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦ ᐅᓇ ᓯᕗᓪᓕᖅᐹᖑᕙᒃᑐᖅ
ᖃᐅᔨᓴᖅᑕᐅᓪᓗᑎᒃ. ᐅᕝᕙ ᐃᓚᖏᑦ ᐅᖃᐅᓯᕆᔪᓐᓇᖅᑕᑎᑦ ᕿᑐᕐᖓᕐᓄᑦ
ᐱᔾᔪᑎᒋᓪᓗᒍ ᐋᓐᓂᐊᕕᓕᐊᖃᐅᓂᖓᓂᒃ:

ᖃᐅᔨᒪᕖᑦ? ᕿᑐᕐᖓᐃᑦ ᖃᐅᔨᓴᖅᑕᐅᑎᓪᓗᒍ ᐳᕙᒡᓗᖕᒪᖔᑦ
ᕿᓚᒥᒻᒪᕆᐊᓗᒃ ᖃᐅᔨᓴᒐᒃᓴᐅᔪᑦ ᐊᔪᕐᓇᙱᖦᖢᑎᒡᓗ.

"ᐋᓐᓂᐊᕕᓕᐊᕐᓂᐊᖅᑐᒍᒃ ᕿᓚᒥᒻᒪᕆᐊᓗᒃ ᖃᐅᔨᓴᖅᑕᐅᓂᐊᕋᕕᑦ ᖃᓄᐃᙱᑦᑎᐊᕋᓗᐊᕐᒪᖔᖅᐱᑦ!"

"ᖃᐅᔨᓴᕈᓯᖅ ᓲᕐᓗ ᐳᔾᔪᒃᑕᐅᕌᕐᔪᑐᐃᓐᓇᕐᓗᑎᑦ ᑕᓕᒃᑯᑦ. ᐃᒃᐱᒋᐊᕐᔪᖕᓂᐊᖅᑕᑦ

, ᑭᓯᐊᓂ
ᕿᓚᒥᑯᓘᓂᐊᖅᑐᖅ."

"ᖃᐅᔨᓴᕈᑕᐅᔪᑦ ᓇᓗᓇᐃᖅᓯᒃᐸᑕ,
ᐊᔾᔨᓕᐅᖅᑕᐅᔭᕆᐊᖃᕋᔭᖅᑐᒃᓴᐅᒐᕕᑦ ᓴᒡᕕᒃᑯᑦ

,

ᑕᐃᒎᓯᓕᒃ ᑕᕐᕋᖅᑐᖅᑕᐅᓂᖅ. ᓲᕐᓗᓕ ᐊᔪᙱᑦᑐᕐᔪᐊᖅ ᐊᔾᔨᓕᐅᖅᑕᐅᑎᓪᓗᒍ!"

ᐃᑲᔪᖅᑐᕐᓗᒋᑦ ᕿᑐᕐᖓᑎᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᒃᑯᑦ ᐊᒻᒪ ᐃᓅᓕᓴᖅᑕᐅᓂᒃᑯᑦ

ᐅᐃᒪᔭᙱᓪᓗᑎᑦ
ᖃᐅᔨᓴᖅᑕᐅᖃᑕᐅᓗᑎᓪᓗ.

ᐃᖢᕐᕆᓐᓇᕆᔭᕐᓂᒃ
ᓇᒃᓴᕈᓐᓇᖅᑐᑎᑦ
ᐱᙳᐊᕐᒥᒡᓘᓐᓃᑦ
ᕿᐱᑯᓗᖕᒥᓪᓘᓐᓃᑦ.

ᓂᐱᑦᑕᐅᑎᓂᒃ
ᑎᑎᕋᕐᕕᒃᓴᕐᔪᐊᕐᒧᑦ
ᓂᐱᑎᑦᑎᕙᒡᓗᓯ
ᖃᐅᔨᒪᓗᓯᐅᒃ ᐄᔭᒐᕐᕕᒃᓴᓯ.

ᐅᖃᓕᒫᒐᕐᒥᒃ
ᑎᒍᓯᕙᒡᓗᑎᑦ
ᐱᙳᐊᒐᒃᓴᒥᒡᓘᓐᓃᑦ
ᐄᔭᒐᖅᑎᑦᑎᓂᐊᓕᕌᖓᔅᓯ
.

ᐅᓗᕆᐊᓇᓐᖏᑦᑎᐊᖅᑐᒥᒃ

ᐃᓅᓕᓴᐅᑎᑕᖃᖅᑐᖅ

ᓄᖑᑎᑦᑎᔪᓐᓇᖅᑐᖅ

ᐳᕙᒡᓗᖕᓇᖅᑐᓂᒃ ᖁᐱᕐᕈᓂ

ᐱᔪᒪᒍᖕᓂ.