Section 3: Definitions and Abbreviations

Policy Number	Policy Name
03-001-00	Reference Sheet: Definition of Terms
03-002-00	Reference Sheet: Common Government of Nunavut Acronyms
03-003-00	Reference Sheet: Common Abbreviations



DEFINITION OF TERMS 03-001-00

Accountability: Quality of being answerable and liable for one's own judgements and actions.

Additional Nursing Function: Are nursing functions for which basic nursing programs provide neither specific theory nor clinical practice.

Agency: Any recognized organization, institution, or business which employs a registered nurse for the purpose of implementing health programs and delivering health services.

Authorization: Process by which registered nurses are given approval by the Department of Health and Social Services to carry out nursing or delegated medical functions based upon written policies and adherence to nursing specific guidelines.

Basic Nursing Functions: Can be divided into two categories:

"A" Level Basic Nursing Function: Nursing functions for which a nurse has gained both a theoretical understanding and skills competence.

"B" Level Basic Nursing Function: Nursing functions for which a nurse has received specific theoretical instruction, but not necessarily developed skills competence.

Basic Nursing Programs: Any nursing program which leads to either a diploma or a baccalaureate degree in nursing that qualifies a nurse for registration.

Certification: Is the issuance of a certificate on the successful completion of a formalized program of instruction and supervised practice as one means of developing specialized competence.

Client: "Recipient of service may be the individual, family, group, aggregate or community of concern to the Government of Nunavut or registered nurse" (Registered Nurses Association of Ontario: Standards of Nursing Practice for Community Health Nurses in Ontario, May 1985).

Continuous Quality Improvement (CQI): A management approach to improving and maintaining quality that emphasizes internally driven and relatively continuous assessments of potential causes of quality defects, followed by action aimed either at avoiding decrease in quality or else correcting it an early stage.

Delegated Medical Functions: Those functions within the practice of medicine that physicians are permitted to delegate to nurses with specialized competence.

Home and Community Care Nurse: A registered nurse who provides nursing and medical services where the client lives - often in one's own home, a family member's home or in an assisted-living community.

Guideline: A summary of information provided as a reference or resource to Health Agencies and registered nurses.

Inservice Education: A method of instruction/training provided to employees for professional development, dissemination of information, and for development of specialized competence.

Job Description: A written statement listing the qualifications and major responsibilities of an individual who holds a specific position.



Licensed Practical Nurse (LPN): Are regulated health care professionals who work under a narrower nursing scope of practice than the registered nurse.

Medical Functions: Any activity based upon sound medical knowledge and implemented with skill and judgement in the course of medical practice.

Nunavut Formulary for Community Health Centres: A formula guideline developed and maintained by the Pharmaceutical and Therapeutics Committee. Specific criteria regarding drug formularies are located in Drug Prescription Policy.

Nurse Practitioner: An advanced practice registered nurse who is prepared through a formal nursing educational program to provide a full range of primary health care services. The nurse practitioner, utilizing a broad knowledge base, focuses on health promotion, prevention of disease/health problems, early diagnosis and treatment of common acute minor illnesses and injuries, and management of stabilized chronic illnesses.

Nursing Function: Any activity based upon sound nursing knowledge and implemented with skill and judgement in the course of nursing practice.

Nursing Leadership Advisory Committee: A committee comprised of representatives from various nursing disciplines who provide strategic leadership to support professional nursing practice within Nunavut. The NLAC provides a responsive venue for members of the Nunavut nursing community to discuss, come to consensus on, make decisions and take actions on issues related to practice, education, leadership, communication, patient safety and recruitment and retention.

Pharmaceutical and Therapeutics Committee: A committee comprised of representatives from pharmacy, medicine, nursing, and administration who have specific responsibilities under Pharmaceutical and Therapeutics Committee Policy.

Physician: is a registered medical practitioner as defined in the Medical Profession Act (S.Nu. 2001, c.10, s.5).

Policy: A written statement that clearly describes the responsibility and actions to be taken in a given set of circumstances. A policy provides direction for decision making.

Protocol: Written statement of the approach to management and treatment for any given condition.

Procedure: Step by step instructions for the implementation of nursing and medical functions.

Public Health Nurse: Public health nursing is a specialized form of registered nursing that combines nursing and public health principles. The primary focus of public health nursing is improving the health of the community as a whole rather than just that of an individual or family.

Registered Nurse: "A graduate of a recognized approved nursing program who has successfully completed the qualifying examinations, has met the requirements for registration and is registered in accordance with the Nursing Profession Act" (S.Nu. 2003, c. 17).

Registered Psychiatric Nurse: is the speciality of nursing that cares for people of all ages with mental illness and promotes mental wellness. Nurses in this area receive additional training in psychological



therapies, building a therapeutic alliance, dealing with challenging behaviour, and the administration of psychiatric medication.

Responsibility: The quality of being answerable for implementing nursing and sanctioned medical functions which involve obligations or duties as a registered nurse.

Sanctioned Medical Functions: Delegated medical functions that can be safely implemented by nurses with specialized competence who are authorized to do so by their employing agency.

- i. Sanctioned Independent Medical Functions: are delegated medical functions which may be implemented by a nurse with specialized competence without consulting a physician.
- ii. Sanctioned Dependent Medical Functions: are delegated medical functions which may be implemented by a nurse with specialized competence after consultation with a physician.

Specialized Competence: A quality of having completed a post basic nursing education program of instruction and supervised practice in a specific function or field of practice which has been developed in response to an identified need and within a framework which allows for safe implementation and competent practice.

Standard: "a generally accepted written expectation amenable to measurement through the development of specific behaviours (criteria) against which the actual performance can be judged" (Registered Nurses Association of Nova Scotia: Standards for Nursing Practice, 1985).



COMMON GOVERNMENT OF NUNAVUT ACRONYMS 03-002-00

ACLS = Advanced Cardiac Life Support

ADI = Aboriginal Diabetes Initiative

ATIPP = Access to Information Privacy and Protection

ATV = All Terrain Vehicle

BCG = Bacille Calmette-Guerin (BCG) Vaccine

BFI = Baby Friendly Initiative

CHC = Community Health Center (formerly Nursing Station)

CHN = Community Health Nurse

CHR = Community Health Representative

CLEY = Culture, Language, Elders, Youth

CMOH = Chief Medical Officer of Health

CNA = Canadian Nurses Association

CNO = Chief Nursing Officer

CNPS = Canadian Nurses Protective Society

COPD = Chronic Obstructive Pulmonary Disease

CPNP = Canadian Prenatal Nutrition Program

CPG = Clinical Practice Guidelines

CPS = Canadian Pediatric Society

CQI = Continuous Quality Improvement

EAP = Employee Assistance Program

EHO = Environmental Health Officer

ETA = Expected time of arrival

FNIHB = First Nations and Inuit Health Branch

GN = Government of Nunavut

HCN = Home Care Nurse



HCC = Home Care Coordinator

HCW = Home Care Worker

HCP = Home Care Program or Health Care Professional

HPV = Human Papilloma Virus

HR = Human Resources

HSS = Health and Social Services

HTLV = Human T-cell Lymphotrophic Virus

IQ = Inuit Qaujimajatuqangit

IEP = Inuit Employment Priority, Priority Hiring

ITK = Inuit Tapiriit Kanatami

KIA = Kivalliq Inuit Association or Kitikmeot Inuit Association

KSA = Knowledge, Skills and Abilities (Learning needs assessment)

Medivac Medical Evacuation

MSDS = Material and Safety Data Sheets

NADA = National Aboriginal Diabetes Association

NEU = Nunavut Employers Union

NIC = Nurse in Charge (now the SHP)

NIHB = Non-Insured Health Benefits

NLAC = Nursing Leadership Advisory Committee

NRP = Neonatal Resuscitation Program

NTI = Nunavut Tunngavik Incorporation

NU = Nunavut

NU P&T = Nunavut Pharmacy and Therapeutics

NGO = Non-Governmental organization

NWT = Northwest Territories

NT = Northwest Territories (used for mailing things)

OHSNI = Ontario Health Science Network Incorporation



PALS = Pediatric Advanced Life Support

PHAC = Public Health Agency of Canada

PHC = Primary Health Care

PDI = Professional Development Initiative (for GN indeterminate nurses)

PDP = Professional Development Plan

QGH = Qikiqtani General Hospital (formerly BRH Baffin Regional Hospital)

QIA = Qikiqtani Inuit Assoication

RCMP = Royal Canadian Mounted Police

RNANT/NU Registered Nurses Association of NT and NU

R.S.C. = Revised Statutes of Canada (Canadian Legislation)

RSV = Respiratory Syncytial Virus

Sched = Scheduled plane

S.Nu = Statutes of Nunavut (Nunavut Legislation)

SOAP = Subjective, Objective, Assessment and Plan- CHN Charting

SOGC = Society of Gynecology and Obstetrics in Canada

SHP = Supervisor of Health Programs (formerly NIC)

STI = Sexually Transmitted Infections (formerly STD)

TB = Tuberculosis

TDG = Transportation and Dangerous Goods

UTPOP = University Toronto Psychiatric Outreach Program

WSCC = Worker's Safety and Compensation Commission (formerly WCB)

WHMIS = Workplace Hazard Material Information System



COMMON ABBREVIATIONS 03-003-00

AA	Alcoholics Anonymous	CA	cancer, carcinoma
AAA	Abdominal aortic aneurysm	CABG	coronary artery bypass graft
abd	abdomen	CAD	coronary artery disease
ABG	Arterial Blood Gas	CAGE	alcohol screening test
ac	Before Meals		(Cut down, annoy, guilt, eyeopener)
ACE-I	Angiotensin converting	cal	calorie
	enzyme inhibitor	CT	computerized tomography
ACL	Anterior cruciate ligament	CBC	complete blood count
ACLS	Advanced cardiac life support	CBT	cognitive behavior therapy
ADD	Attention Deficit Disorder	CDC	Centers for Disease Control
ADHD	Attention deficit hyperactivity	CHF	congestive heart failure
	disorder	CI	chloride
ADL	Activities of daily living	CK	creatine kinase
Afib	Atrial fibrillation	cm	centimeter
AFO	Ankle foot orthosis	СМОН	Chief Medical Officer of Health
AIDS	Acquired immune deficiency	CNO	Chief Nursing Officer
	syndrome	c/o	complaining of
Alb	Albumin	CMV	cytomegalovirus
Alk Phos	Alkaline phosphatase	CN	cranial nerve
ALT	Alanine aminotransferase	CNS	central nervous system
A.M.	morning	CO2	Carbon dioxide
A.M.A.	Against medical advice	COPD	chronic obstructive pulmonary
ANA	antinuclear antibodies	00. 5	disease
Amp	Ampoule	C-PAP	continuous positive
ASA	aspirin		airway pressure
ASAP	as soon as possible	CPK	creatine phosphokinase
AST	aspartate aminotransferase	CPR	cardiopulmonary resuscitation
AWOL	absent without leave	CRP	c-reactive protein
BBB	bundle branch block	Cr	creatinine
B-blocker	beta-blocker	CR	Controlled Release
BID	bid twice daily	cr	Cream
BM	bowel movement	CSF	cerebrospinal fluid
BMI	body mass index	C-spine	Cervical spine
BP	blood pressure	CV	cardiovascular
BPH	benign prostatic hypertrophy	CVA	cerebrovascular accident
BR	bathroom	CXR	chest x-ray
BUN	blood urea nitrogen	D&C	dilation and curettage
BX	biopsy		discontinue
C	centigrade	DDAVP	desmopressin
C+S	culture + sensitivity	DM	diabetes mellitus
Cap	Capsule	DNR	Do Not Resuscitate
CC	chief complaint	DOB	date of birth
Ca	calcium	drsg	dressing
		ds, DS	double strength
		us, DS	double strettigtti



DSM	diagnostic & statistical manual of	Hgb	hemoglobin			
	mental disorders	HbA1C	Hemoglobin A1C			
DT	diphtheria, tetanus toxoid	HIV	human immunodeficiency virus			
DVT	deep vein thrombosis	HOB	head of bed			
Dx	diagnosis	H/O	History of			
EA	Each	HPI	history of present illness			
EC	Enteric Coated	HPV	human papillomavirus			
EEG	electroencephalogram	HRT	hormone replacement therapy			
EENT	eye-ear-nose-throat	H20	water			
e.g.	for example	H & P	history & physical			
	electrocardiogram	hr	hour			
EMG	electromyography	H.S.	hour of sleep; at bedtime			
ENT	ear, nose, throat	ht.	height			
ERCP	endoscopic retro	HTN	hypertension			
	cholangiopancreatogram	HV	home visit			
ER	emergency room	Hx	history			
EPS	extra pyramidal symptoms	I&D	incision and drainage			
ES	extra strength	IBS	irritable bowel syndrome			
ESR	erythrocyte sedimentation rate	i.e.	that is			
ETOH	alcohol	Inh	Inhalation			
F	Fahrenheit	Inj	Injectable			
FBS	fasting blood sugar	IM	intramuscular			
FDA	Food & Drug Administration	Info	information			
Fe	iron	INH	isoniazid			
FHx	family history	INR	international normalized ratio			
FSH	follicle stimulating hormone	IOP	intraocular pressure			
ft.	feet	1 & O	input & output			
f/u	follow-up	irreg.	irregular			
GC	gonococcus, gonorrhoea	IU	International Units			
GERD	Gastroesophageal reflux disease	IUD	intrauterine device			
GGT	gamma glutamyl transferase	IV	intravenous			
G.I.	gastrointestinal	IVP	intravenous pyelogram			
GSW	gunshot wound	JVD	Jugular venous distention			
gtt	drop	JVP	Jugular venous pulse/pulsation			
Ğ.U.	Genito-urinary	KCL	Potassium Chloride			
g	Gram	K	potassium			
ΗA	Headache	Kg	kilogram			
HbcAB	Hepatitis B core antibody	KŬB	kidney, ureter, bladder			
HBsAb	Hepatitis B surface antibody	L	liter			
HBsAg	Hepatitis B surface antigen	LBBB	left bundle branch block			
Hct	hematocrit	lab	laboratory			
HCTZ	hydrochlorothiazide	lb.	pound			
HDL	high density lipoprotein	LDH	lactate dehydrogenase			
HEENT	head, eyes, ears, nose & throat		, , 			
	C Hepatitis A, B, C					



LDL low density lipoprotein NaCl Sodium Chloride LFT liver function test N/A not applicable LLL left lower lobe Na sodium LLQ left lower quadrant NAD no acute distress NAHCO3 LML left middle lobe Sodium Bicarbonate LMP last menstrual period NAS no added salt LP lumbar puncture nebules neb L-spine lumbar spine negative neg LS-spine lumbosacral spine neurological neuro LUL nasogastric left upper lobe NG LUQ left upper quadrant **NGT** nasogastric tube LV left ventricle NKA no known allergies LVH no known drug allergies left ventricular hypertrophy NKDA electrolytes **NKFA** no known food allergies lytes Liq Liquid **NPO** nothing by mouth NP LPN Licensed Practical Nurse Nurse Practitioner meter NS Normal Saline m **MAOI** monoamine-oxidase inhibitor **NSAIDS** non-steroidal anti-inflammatory max maximum drugs microgram **NSR** normal sinus rhythm mcg mean corpuscular hemoglobin **NWB** non-weight bearing **MCH** nausea & vomiting **MCHC** mean corpuscular hemoglobin N/V concentration 0 objective(s) **MCP** 02 metacarpal phalangeal joint oxygen **MCV** mean corpuscular volume O2sat oxygen saturation MD medical doctor osteoarthritis OA obsessive compulsive disorder MDI meter dose inhaler OCD medications Oint meds ointment milliequivalents 0 & P ova & parasites meq magnesium **Ophth** Ophthalmic Mg milligram, magnesium= **ORIF** open reduction internal fixation mg myocardial infarction MI ortho orthopedic misc. miscellaneous O.T. occupational therapy ml milliliter OTC over the counter millimeter mm OZ. ounce premature atrial contraction millimole PAC mmol **MMSE** mini-mental status exam **PAP Smear** Papanicolaou Smear PC moderate After Meals mod **PEG** movement percutaneous endoscopic movt MRI magnetic resonance imaging gastromy MS multiple sclerosis by; through per **MSE** mental status exam **PERRL** pupils equal, round, reactive to motor vehicle accident light **MVA**



MVP

MU

mitral valve prolapse Million Units **PERRLA** pupils equal, round, reactive to sed rate erythrocyte sedimentation rate SLE Light & accommodation systemic lupus erythematosus **PET** positron emission tomography SOB shortness of breath PFT pulmonary function test specimen spec. pelvic inflammatory disease PID SC subcutaneous SR package sustained release pkg phenylketonuria **PKU** SSRI Selective serotonin reuptake **Preloaded Syring PLS** inhibitor P.M. afternoon STAT immediately Sexually transmitted infection **PMH** past medical history STI by mouth Susp Suspension po after operation suppository post-op supp **PPE** temperature personal protective equipment Т before operation tablet pre-op tab tuberculosis PR By Rectum TB PRN;prn as necessary; as needed Tbsp tablespoon PSA prostatic specific antigen TCA tricyclic antidepressant **PTSD** post traumatic stress disorder TIA transient ischemic attack patient TIBC total iron binding capacity pt. PUD peptic ulcer disease Three Times Daily tid PVC premature ventricular contraction **TENS** transcutaneous electrical nerve **PVD** peripheral vascular disease stimulation **TKVO PVR** post void residual to keep vein open **PWB** partial weight bearing tympanic membrane TM Four Times Daily TMJ temporomandibular joint qid q(*)h Every (*) Hours **TPN Total Parenteral Nutrition TPR Every Morning** temperature, pulse, respirations gam At Every Bedtime **TSH** thyroid stimulating hormone qhs A Sufficient Quantity thoracic spine qs T-spine RN Registered Nurse teaspoon tsp **RBBB** right bundle branch block TÜRP transurethral resection prostate red blood count **RBC** Tx treatment, therapy RE, re regarding Td tetanus, diptheria toxoid Rehab rehabilitation UA, U/A urinalysis respiratory **URI** upper respiratory infection resp RL ringers lactate US ultrasound RLL right lower lobe UTI urinary tract infection **RML** right middle lobe Vag Vaginal RLQ right lower quadrant **VDRL** veneral disease research lab test R.N. registered nurse VF visual field R/O rule out Vfib ventricular fibrillation range of motion ROM VS vital signs review of systems **ROS VSS** vital signs stable **RUQ** right upper quadrant R/T related to V Tach ventricular tachycardia RUL right upper lobe **WBC** white blood count **RVH** right ventricular hypertrophy wheelchair w/c prescription, to take, to treat by Rx wt. weight reaction Rxn



subjective

side effects

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