Bed/Stretcher/Exam Table





PURPOSE:

To provide a clean stretcher, bed, and exam table for patients

MATERIALS:

- Disposable gloves
- If needed:
 - Disposable gown
 - Disposable mask
- Prepared Cleaner/Disinfectant solution in cleaning bucket
- Container for dirty cloths (if using reusable cleaning cloths)
- Cleaning cloths



CLEANING STEPS





Do a Risk Assessment

• Determine risk of exposure to germs and the Personal Protective Equipment (PPE) required for the task.

• Wear the correct PPE to safely do the job.

Cleaning Frequencies

• Beds: Clean weekly; if visibly dirty and between each client.

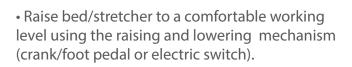
- Stretchers: Clean daily and if visibly dirty.
- Exam tables: Clean daily and if visibly dirty.



• Use your foot to lock or unlock the wheels in order to move or steady bed/stretcher for cleaning purposes.

• Always lock wheels after bed/stretcher is in correct position.





• Lower the side rails for easier access for cleaning.



- Mattress Cleaning for Bed or Stretcher
- Wipe the top and sides of the mattress using the cleaning cloths.
- Lift the mattress and wipe the bottom surface.
- Remove the mattress (if possible) from the bed/ stretcher and let air dry.





Frame Cleaning for Bed or Stretcher

• Raise the head of bed or stretcher and wipe the entire frame thoroughly including top, sides, and underneath.

- Repeat this step with the foot of the bed.
- Wipe front, back and sides of head board and foot board on the bed.
- Wipe all surfaces of hand/side rails.



6





Exam Table

- Raise the head of the exam table (if possible) and wipe all surfaces.
- Raise the foot of the exam table (if possible) and wipe all surfaces.
- Wipe high touch areas such as handles and stirrups.
- Check the inside of the exam table drawers/cupboards in order to clean the surfaces where blood and/or body fluids may have spilled.



Pillows

• Wipe all surfaces of pillows and allow to air dry.







- Remove gloves and put in garbage.
- Do hand hygiene.

10



Finishing Up

• Following your facility's protocol, make up the bed/stretcher/exam table:

- Put paper cover on exam table
- Put bedding on bed/stretcher
- Put covers on pillows.
- Reposition bed/stretcher and lock wheels.
- Report any broken/damaged items to supervisor.

