ᓱᓕᔪᑦ ᑎᑎᕋᖅᓯᒪᔪᑦ

®Fluzone® ᓄᕙᓗᐊᕐᓂᕐᒧᑦ ᐃᓅᓕᓴᐅᑦ ᑲᐱᔭᐅᔾᔪᑎ

ᑭᓲᕙ ᓄᕙᓗᐊᕈᑕᐅᔪᖅ (ᓄᕙᖕᓇᕈᑕᐅᔪᖅ)?

ᓄᕙᓗᐊᕈᑕᐅᔪᖅ ᐊᐃᑦᑐᕐᓗᐃᔪᑕᐅᔪᓐᓇᖅᑐᖅ ᓄᕙᖕᓇᖅᑐᒥᑦ. ᓯᐊᒻᒪᒃᐸᑦᓕᐊᓲᖑᑦᓗᓂ ᖁᐃᖅᓱᕐᓂᒃᑯᑦ, ᑕᑭᐅᖕᓂᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑲᑭᖕᒥ ᓄᕙᒃᑯᑦ.

ᖃᓄᐃᔪᑕᐅᔪᑦ ᒪᑯᐊᖑᓇᔭᖅᑐᑦ: ᐆᑎᕐᓇᕐᓗᑎᒃ, ᖁᐃᖅᓱᒃᑕᒡᓗᑎᒃ, ᑲᑲᑕᖕᒋᑦᓗᑎᒃ, ᓄᑭᑭᑦᓗᓂ, ᐃᒡᒋᐊᕐᓗᒡᓗᓂ ᐊᒻᒪᓗ ᑕᖅᓯᒪᓗᐊᓕᕐᓗᓂ.

ᓄᕙᒐᔪᒃᐳᑦ ᐅᑯᐊ ᓄᕕᐱᓇ ᒪᐃᒥᓕᓗ ᐊᑯᓐᓂᖕᒋᓐᓂ, ᑭᓯᐊᓂ ᓄᕙᒐᔪᖕᓂᖅᓴᐅᕗᑦ ᔭᓄᐊᓇ ᕖᕝᕗᐊᓇᒥᓗ.

ᑭᓇ ᑲᐱᔭᐅᔪᓐᓇᖅᐸ?

ᑭᓇᑐᐃᓐᓇᖅ ᑕᖅᑭᓂᒃ 6–ᓂᒃ ᐅᑭᐅᖅᑲᖅᑐᖅ ᑲᐱᔭᐅᔪᓐᓇᖅᑐᖅ ᓄᕙᖕᓂᐊᕐᒧᑦ.

ᓱᕈᓲᑦ 9–ᓂᒃ ᐅᑭᐅᖅᑲᖅᑐᑦ ᑐᖕᒐᓂ, ᓱᕗᓪᓕᕐᐹᒥᒃ ᑲᐱᔭᐅᔪᓐᓇᖅᑐᑦ, ᒪᕿᐃᖅᓱᕐᓗᑎᒃ ᐃᓅᓕᓴᐅᑎᓕᖕᒥᒃ, ᑎᓴᒪᓂᒃ ᐱᓇᓱᐊᕈᓲᓱᕐᓂᒃ ᐅᖓᓱᒋᒃᑎᒋᔪᒥᒃ ᑲᐱᔭᐅᓗᑎᒃ, ᓴᐳᑎᔭᐅᔪᓐᓇᖅᐳᑦ.

ᑭᓱ ᐃᓅᓕᓴᐅᒻᒧᑦ ᐃᑲᔫᑎᔪᓐᓇᖅᐸ?

ᓄᓇᕗᒥᐅᑦ ᓴᐳᑎᔭᐅᔪᓐᓇᖅᐳᑦ ᐋᓐᓂᐊᓕᕐᑯᓇᒋᑦ ᓄᕙᖕᓇᖅᑐᒥᑦ.

ᓄᓇᓕᖕᓂᒥᐅᑦ ᓴᐳᔭᔭᐅᓯᒪᔪᓐᓇᖅᐳᑦ ᑖᒃᑯᐊᓗ ᐊᑦᑕᕐᓇᖅᑐᒦᑦᑐᑦ ᖃᓄᐃᔪᑎᖃᕋᔭᖅᑐᑦ ᓄᕙᒻᔪᐊᕐᓂᕐᒧᑦ.

ᓄᕙᒻᔪᐊᕐᓂq ᐋᓐᓂᐊᕕᓕᐅᕈᑎᐅᖃᑦᑕᖅᐳᖅ ᑐᕐᑯᔾᔪᑎᐅᔪᓐᓇᖅᓗᓂᓗ, ᐱᓗᐊᖅᑐᒥᒃ ᑖᒃᑯᐊ ᖃᓄᐃᔪᑎᖃᔭᑦᑐᑦ ᐊᑦᑕᕐᓇᖅᑐᒦᓂᖅᓴᐅᔭᑐᓄᑦ.

ᑖᓐᓇ ᓄᕙᓗᐊᕐᓇᖅᑐᒧᑦ ᐃᓅᓕᓴᐅᑦ ᖃᓄᐃᓐᓇᖕᒋᑦᑑᖅ?

ᐃ. ᖃᓄᐃᔪᑕᐅᓗᐊᖅᑐᑐᐊᖑᓇᔭᖅᑐᖅ ᑲᐱᔭᐅᓂᕐᒥᑦ ᐊᐅᐸᖅᓯᓂᐅᔪᖅ ᑲᐳᑎᐅᑉ ᐃᓂᐊ. ᐆᑎᕐᓇᒐᔪᒃᐳᑦ, ᑕᖅᓯᒪᓗᓂ, ᓂᐊᕐᑯᙵᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓄᑭᖕᒋᑦ ᐋᓐᓂᐊᕐᓗᑎᒃ. ᑕᐃᒪᐃᒐᔪᓐᓇᖅᑐᖅ ᑲᐱᔭᐅᓗᓂ ᐊᒻᒪ ᓇᓗᓇᐃᖅᓯᔪᖅ ᑎᒦᑦ ᐃᑲᔫᑎᓂᒃ ᐱᓕᕆᖕᒪᑦ ᐋᓐᓂᐊᕆᔭᒧᑦ. ᐊᒥᓱᑦ ᐃᓄᐃᑦ ᖃᓄᐃᔪᑎᖃᖅᐸᖕᒋᑦᑐᑦ ᐃᓅᓕᓴᐅᒻᒧᑦ.

ᑕᒪᐃᓐᓄᑦ ᐃᓅᓕᓴᐅᑎᓕᖕᓄᑦ ᑲᐳᑎᓄᑦ, ᓈᒪᒃᓴᖕᒋᑐᐃᓐᓇᕆᐊᖃᕐᓇᖅᐸᒃᑐᖅ ᑎᒥᒧᑦ, ᐅᖕᒋᓚᑲᑕᒍᑎᒋᓗᒍ, ᖃᑦᑎᒐᓛᓕᕐᓗᓂ, ᐳᕕᓕᕐᓗᓂᓘᓐᓃᑦ ᖃᓂᖓ, ᐊᓂᖅᑎᕆᑦᑎᐊᕈᓐᓃᕐᓗᓂᓗ. ᑕᐃᒪᐃᒐᔪᒃᐳᑦ 15 ᒥᓇᒥᑦ ᑲᐱᔭᐅᔭᕇᖅᓯᒪᓕᖅᑎᓕᓗᒋᑦ. **ᐃᒪᓐᓇᐅᕐᑯᔭᐅᓇᔭᖅᑐᖅ ᖃᖓᑐᐃᓐᓇᒃᑯᑦ ᑲᐱᔭᐅᔭᕇᖅᓯᒪᓕᖅᑎᓕᓗᒋᑦ ᐋᓐᓂᐊᕕᖕᒥᖕᒋᓐᓇᕐᑯᔭᐅᓲᖑᔪᑦ 15-ᒥᓇᑦᒋᒃ ᑲᐱᔭᐅᔭᕇᖅᓯᒪᓕᖅᑎᓕᓗᒋᑦ.** ᓄᕙᓗᐊᕈᑎᒋᔭᐃᑦ ᐃᓅᓕᓴᖅᑕᐅᔪᓐᓇᖅᑐᖅ ᐊᒻᒪ ᐃᓗᐊᖅᓴᐃᔨ ᐃᓕᓐᓂᐊᖅᑎᑕᐅᓯᒪᕗᖅ ᑲᒪᔪᓐᓇᐊᖃᕐᓂᕐᒥᒃ ᑕᒪᑐᒧᖕᒐ.

ᑭᒃᑯᑦ ᐃᓗᐊᖅᓴᐃᔨᒥᖕᓂᒃ ᐅᖃᓪᓚᖃᑎᖃᓇᐊᖃᖅᑖᑦ ᑲᐱᔭᐅᓚᐅᖅᑳᕋᑎᒃ?

ᐃᓗᐊᖅᓴᐃᔨ ᐅᖃᑲᐅᑎᓗᒍ ᕿᑐᕐᖓᑦ ᐃᕝᕕᓐᓃᑦ ᐅᑯᓄᖓ ᐃᒪᐃᔾᔪᑎᖃᕈᓂ:

- ᑎᒦᑦ ᐱᐅᒃᓴᖕᒋᑉᐸᑦ thimerosal, formaldehyde, Triton® -100 ᐅᕝᕙᓘᓐᓃᑦ ᓇᓕᐊᖕᓂᑐᐃᓐᓇᖅ ᑲᐱᔭᐅᔪᖅᑲᖅᑎᓪᓗᒍ ᐃᓅᓕᓴᐅᑎᓕᖕᒧᑦ.
- ᓱᕗᓂᐊᓂ ᑎᒥᑦ ᐱᐅᒃᓴᖕᒋᕐᔪᐊᓂᕈᓂ ᑲᐱᔭᐅᓪᓗᑎᑦ.
- ᖃᓄᑐᐃᓐᓇᖅ ᐊᐅᒍᑎᒋᓗᐊᖅᑲᓐᓂᕈᕕᐅᒃ.
- Guillain-Barre Syndrome (GBS –ᓄᑭᖃᕈᓐᓃᕐᓇᖅᑐᒧᑦ ᐋᓂᐊᕈᑕᐅᔪᓐᓇᖅᑐᖅ) ᐱᓇᓱᐊᕈᓲᑦ 6 ᑲᐱᔭᐅᓚᐅᖅᑎᓪᓗᒍ ᓄᕙᓗᐊᕐᓂᕐᒧᑦ ᐃᓅᓕᓴᐅᑎᓕᖕᒥᒃ.
- ᐋᓐᓂᐊᕐᔪᐊᓕᕐᓗᑎᑦ ᐆᑎᕐᓇᕐᔪᐊᓕᕈᕕᑦ.

ᑭᓱᑦ ᐊᑦᑕᕐᓇᕈᑕᐅᓇᔭᖅᐸᑦ ᐃᓅᓕᓴᐅᑎᓕᖕᒧᑦ ᑲᐱᔭᐅᖕᒋᒃᑯᓂ?

4000-ᒥᑦ–8000-ᒧᑦ ᑲᓇᑕᒥᐅᑦ ᑐᕐᑯᕙᖅᑐᑦ ᑕᒪᑐᒧᖕᒐ ᓄᕙᒻᔪᐊᕈᑕᐅᕙᖅᑐᒧᑦ. ᐅᓄᖅᑐᑦ ᖃᓂᒻᒪᖃᑦᑕᖅᐳᑦ ᑲᒪᒋᔭᐅᔭᕇᐊᖃᓕᖅᓗᑎᒡᓗ ᐋᓐᓂᐊᕕᖕᒥ. ᐃᒥᓂᒃ ᓴᐳᑎᓯᒪᒋᑦ, ᕿᑐᕐᖓᑎᑦ ᓄᓇᓱᓪᓗ ᑕᓴᓱᒥᖓ ᐋᓐᓂᐊᖅᑖᕐᑯᓇᒋᑦ.

Fluzone® ᐃᓅᓕᓴᐅᑎᓕᖕᒧᑦ ᑲᐱᔭᐅᔭᕇᖅᑎᓪᓗᑎᒃ ᑲᒪᒋᔭᐅᓂᖅ
• ᐃᓅᓕᓴᕋᓱᓕᕐᓂᕈᕕᑦ ᐆᑎᕐᓇᕐᓗᑎᑦ ᓄᑭᒃᑎᓪᓗ ᐊᓐᓂᐊᑲᑕᒃᐸᑕ, ᐃᔭᒐᕈᓐᓇᖅᐳᑎᑦ ᓂᐊᕐᑯᖅᓯᐅᑎᒥᒃ(Tylenol, Tempra) ᐅᕝᕙᓘᓐᓃᑦ Ibuprofen (Advil Motrin). ᓄᑕᖅᑲᓂᒃ ᐃᔭᒐᖅᑎᑦᑎᓂᐊᕈᕕᑦ ᐃᓗᐊᖅᓴᐃᔨᐅᑉ ᒪᓕᕐᑯᔭᖕᒋᑦᑎᒍᑦ ᐃᔭᒐᖅᑎᑦᑎᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓇᓗᓇᐃᖅᓯᒪᔪᑦ ᐃᔭᖅᑲᖅᑲᐅᑎᒥ ᒪᓕᒃᓗᒋᑦ.
• ᓂᐊᕐᑯᖅᓯᐅᑎᑦ Aspirin-ᓚᓱᒪᔪᑦ **ᑐᓂᔭᐅᒋᐊᖃᖕᒋᑦᑐᑦ** ᑐᖕᒐᓂ 20 ᐊᑦᕋᒍᓛᑦ ᐊᑦᑕᕐᓇᕐᓂᖕᒐᓄᑦ Reye Syndrome, , ᖃᕋᓴᕐᒧᑦ ᐱᐅᔪᓐᓂᑲᐅᑎᒋᓇᕐᒪᑦ ᐊᒻᒪ ᑐᕐᑯᔾᔪᑕᐅᔪᓐᓇᖅᓗᓂ.
• ᐃᒃᐱᖕᓂᐊᕐᔪᐊᓕᕐᓂᕈᕕᑦ ᓱᕐᓗ ᖃᖅᓗᐃ ᐳᓪᓕᕐᓗᓂ/ᖃᓂᒃᑯᓪᓗ, ᐱᖑᔭᓕᕐᓂᕈᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᕿᖅᓱᕐᓗᑎᒃ ᑐᐊᕕᕐᓇᖅᑐᒃᑯᕕᖕᒧᐊᕐᓗᑎᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐋᓐᓂᐊᕕᖕᒧᓪᓗᓐᓃᑦ.
• ᐊᐱᖅᑯᑎᒃᓴᖃᑐᐊᕈᕕᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒫᓗᒃᑯᕕᓘᓐᓃᑦ ᑲᐱᔭᐅᖃᐅᔭᕐᓄᑦ ᖃᓄᐃᓕᑑᑦᓚᒡᓗᑎᑦ, ᐃᓗᐊᖅᓴᐃᔨᒧᑦ ᐅᖃᑦᓚᖃᑎᖃᕐᓗᑎᑦ.