ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐴᑎᑦ - ᑐᓴᖅᑕᐅᔪᒃᓴᓄᑦ ᑎᑎᕋᖅᓯᒪᔪᖅ - ᒪᐃ 2023−ᒥ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ

ᑐᓴᒐᒃᓴᑦ ᑎᑎᕋᖅᓯᒪᔪᑦ

ᐅᑯᐊ ᑎᑎᕋᖅᓯᒪᔪᑦ ᐅᖃᓕᒫᑦᑎᐊᕐᓗᒋᑦ ᐱᕕᒃᓴᖃᓕᕈᕕᓪᓗ
ᐃᓗᐊᖅᓴᐃᔨᒧᑦ ᐊᐱᖅᓱᑦᑎᐊᕐᓂᐊᖅᐳᑎᑦ
ᑲᐱᔭᐅᓚᐅᙱᓐᓂᕐᓂ.

ᑭᓲᖕᒪᑕ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓃᑦ?
ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓂᖅ ᑐᕌᒐᖃᖅᐳᖅ ᓄᕙᒡᔪᐊᕐᓇᖅ-
19−ᒧᑦ ᐋᓐᓂᐊᓕᕈᑕᐅᖅᑳᓚᐅᖅᑐᒧᓪᓘᓐᓃᑦ ᐊᒻᒪ ᐋᓐᓂᐊᓕᕈᑕᐅᓚᐅᖅᑐᒥᑦ ᐊᒻᒪᓗ ᐋᒥᒃᕌᓐ (Omicron).
ᐊᑐᖅᑕᐅᕙᒃᐳᑦ ᓴᐳᔾᔨᓯᒪᔾᔪᑕᐅᓪᓗᑎᒃ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᖃᓂᒪᓐᓇᒧᑦ.

ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓂᖅ ᑎᒥᑦᑎᓐᓂ ᓴᖅᑭᑎᑦᑎᕗᖅ ᓴᐳᔾᔨᓯᒪᓂᕐᒥᒃ ᐋᓐᓂᐊᕐᔪᐊᕐᓂᕐᒧᑦ ᐋᓐᓂᐊᕕᖕᒦᑎᑕᐅᓂᕐᒧᓪᓗ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒥᑦ.

ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᑖᕈᓐᓇᙱᓚᑎᑦ ᐅᕙᙵᑦ ᑲᐴᑎᒥᑦ.

ᑭᓇ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓪᓗᐊᖅᐸ? ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓃᑦ ᐊᑭᖃᙱᑦᑐᑦ ᐊᑐᐃᓐᓇᐅᓪᓗᑎᒡᓗ ᓄᓇᕗᒻᒥᐅᓄᑦ ᑕᖅᑭᓄᑦ 6−ᓄᑦ ᐅᖓᑖᓄᓪᓗ.

ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᕇᒃᑯᑎᑦ ᐊᑦᑕᕐᓇᙱᑦᑐᑦ ᐃᓄᖕᓄᑦ ᐱᖃᓚᐅᕐᑐᓄᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒥᑦ. ᐋᓐᓂᐊᓯᐅᑎᒥᑦ ᖃᐅᔨᑎᑦᑎᓂᐊᕐᐳᑎᑦ ᓄᕙᒡᔪᐊᕐᓇᖃᓚᐅᕈᕕᑦ ᒫᓐᓇᓵᖅ ᐊᒃᑐᐃᓂᖃᑐᐃᓐᓇᕆᐊᖃᕐᒪᑦ ᐅᓪᓗᖓᓂ ᑲᐱᔭᐅᔪᓐᓇᕐᓯᑎᓪᓗᑎᑦ

ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᕇᒃᑯᑎᒧᑦ.

ᑲᐱᔭᐅᙱᑐᐃᓐᓇᕆᐊᖃᖅᑐᑎᑦ ᐅᓪᓗᒥ ᐃᒪᐃᒃᑯᕕᑦ:

• ᑕᖅᑭᑦ 6−ᖑᓕᖅᑐᑦ ᑭᖑᓪᓕᖅᐹᒥᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ
ᑲᐱᔭᐅᓚᐅᕐᑎᓪᓗᑎ.
• ᑕᖅᑭᑦ 6 ᑐᖔᓂᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ
ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓚᐅᖅᑎᓪᓗᑎᑦ.

• ᑎᒥᖕᓄᑦ ᓈᒻᒪᒍᓐᓃᕈᑕᐅᕗᑎᑦ ᐋᓐᓂᐊᓕᕇᒃᑯᑎᒧᑦ.
• ᐱᕐᔪᐊᖅᑐᒥᒃ ᑎᒥᒃᑯᑦ ᓈᒻᒪᒃᓴᙱᓐᓂᕐᒧᑦ
ᖃᓄᐃᔾᔪᑎᖃᓚᐅᖅᐳᑎᑦ ᑭᖑᓂᑦᑎᓐᓂ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓚᐅᕐᓂᕐᓄᑦ ᓈᒻᒪᒃᑐᒃᑯᓪᓗ ᖃᐅᔨᒋᐊᒃᑲᓐᓂᕐᓃᑦ ᓱᓕ ᐱᔭᕇᖅᑕᐅᓚᐅᙱᖦᖢᑎᒃ.

ᖃᓄᖅ ᐊᑦᑕᕐᓇᖅᑎᒋᕙᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓃᑦ?
ᑕᒪᓐᓇ ᑲᐴᑎ ᖁᐊᖅᓵᕐᓇᙱᑦᐳᖅ. ᑲᓇᑕᒥ
ᖃᐅᔨᓴᖅᑕᐅᑦᑎᐊᖅᓯᒪᓂᖅᐹᒥᑦ ᑲᐴᑎᒧᑦ ᐊᖏᖅᑕᐅᓯᒪᕗᑦ ᓄᓇᕐᔪᐊᓕᒫᒥ. ᑲᐴᑎᓕᐅᖅᑎᓪᓗᒋᑦ, ᖃᐅᔨᓴᕈᑕᐅᖃᑦᑕᖅᓯᒪᔪᑦ ᐊᑐᐃᓐᓇᕈᖅᑎᑦᑎᓯᒪᕗᑦ ᑐᑭᓯᒋᐊᒐᒃᓴᓂᒃ ᑲᐴᑎᑦ ᐊᑦᑕᕐᓇᙱᓐᓂᖏᓐᓂᒃ ᐊᒻᒪᓗ ᐊᑑᑎᖃᑦᑎᐊᕈᓐᓇᕐᓂᖏᓐᓂᒃ ᐊᓐᓇᐅᒪᔾᔪᑎᑦᑎᓐᓄᑦ.

ᑭᓲᕙᑦ ᐊᒃᑑᑎᓇᔭᖅᑐᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᐋᓐᓂᐊᓕᕇᒃᑯᑎᓕᖅᑕᐅᓂᕐᒧᑦ?
ᖃᓄᐃᔾᔪᑕᐅᒐᔪᖕᓂᖅᐹᖑᔪᑦ ᐃᓄᐃᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓚᐅᖅᑎᓪᓗᒋᑦ ᐱᕐᔪᐊᖑᙱᑦᑐᑦ ᐅᑯᐊᖑᓪᓗᑎᒡᓗ:

• ᐋᓐᓂᐊᑲᑕᒡᓗᓂ, ᐊᐅᐸᖅᓯᓗᓂ ᐳᕕᓕᕐᓗᓂᓘᓐᓃᑦ
ᑲᐱᔭᐅᕝᕕᖓᒍᑦ
• ᑎᒥᒃᑯᑦ ᑕᖃᖓᓗᓂ, ᓂᐊᖁᕐᓕᖓᓗᓂ, ᓄᑭᑎᑦ
ᐋᓐᓂᐊᕐᓗᑎᒃ, ᓇᒡᒍᐊᑎᑦ ᐃᒃᐱᖕᓇᕐᓗᑎᒃ, ᒥᕆᐊᖑᓗᑎᑦ, ᒥᕆᐊᖅᓴᑲᑕᒡᓗᑎᑦ, ᐆᓇᑲᑕᒡᓗᓂ ᖄᓕᖅᑭᑲᑕᒡᓗᓂᓘᓐᓃᑦ.
• ᐳᕕᓕᕐᓗᓂ ᐃᒃᐱᒍᓱᒃᓴᕋᐃᓕᖅᖢᓂᓗ ᑕᓕᐊᒍᑦ
ᑲᐱᔭᐅᕝᕕᒋᓚᐅᖅᑕᖓᒍᑦ

ᑕᒪᕐᒥᒃ ᐊᒃᑑᑎᓯᒪᔪᑦ ᐱᑕᖃᕈᓐᓃᕋᔪᒃᐸᒃᐳᑦ ᐅᓪᓗ ᐊᑕᐅᓯᕐᒥᒃ ᐱᖓᓱᓄᑦ ᑎᑭᓪᓗᒍ ᐃᓅᓕᓴᖅᑕᐅᓚᐅᙱᓪᓗᓂ.

ᐋᓐᓂᐊᖏᓐᓇᕈᔅᓯ, ᐋᓐᓂᐊᕕᖕᒧᑦ ᐅᖃᓗᖃᑦᑕᕐᓗᓯ.

ᐃᓛᓐᓂᒃᑯᓚᐅᓱᖓᖅ ᐊᒃᑐᐃᓂᐅᕙᒃᑐᑦ ᓲᕐᓗ ᑎᒥ ᓈᒻᒪᒍᓱᙱᒻᒪᕆᐊᓗᒃᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐆᒻᒪᑎᖓᑕ ᓄᑭᖏᑦ ᖃᓯᓕᓗᑎᒃ ᐅᕝᕙᓘᓐᓃᑦ

ᐆᒻᒪᑎᖓᑕ ᖃᕐᕈᕕᐊᖓ. ᐋᓐᓂᐊᓕᕈᑕᐅᔪᑦ ᑎᒥᒥᒍᑦ ᓈᒻᒪᙱᓪᓕᐅᕈᑎᖃᖅᑐᑦ ᐃᒪᐃᓲᖑᕗᑦ ᐅᖏᓚᑲᑕᓕᖅᖢᑎᒃ (ᐅᕕᓂᒃᑯᑦ ᖃᑦᑎᒐᓛᓕᕐᓗᑎᒃ ᐅᖏᓚᕕᒡᔪᐊᕐᓇᖅᖢᓂ), ᑮᓇᖓᒍᑦ ᐳᓪᓕᕐᓗᑎᒃ, ᐅᖃᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᒡᒋᐊᒃᑯᑦ, ᐊᓂᖅᓵᑦᑎᐊᕈᓐᓇᐃᓪᓕᓪᓗᑎᒡᓘᓐᓃᑦ. ᐋᓐᓂᐊᕕᖕᒥ ᐃᖅᑲᓇᐃᔭᖅᑎᑦ ᐱᕙᒌᔭᖅᓯᒪᖃᑦᑕᖅᐳᑦ ᐊᐅᓚᑦᑎᔭᕆᐊᖃᖅᐸᑕ ᑎᒥᒥᒍᑦ ᓈᒻᒪᙱᓪᓕᐅᕈᑎᖃᖅᑐᓂᒃ ᐃᕐᖐᓐᓇᕐᓗ ᐋᓐᓂᐊᕕᖕᒥ ᑲᒪᒋᔭᐅᓕᒃᓗᑎᒃ ᑕᐃᒪᓐᓇ ᐋᓐᓂᐊᑐᐊᖅᐸᑕ. ᖃᓄᐃᓐᓂᐅᔪᑦ myocarditis ᐅᕝᕙᓘᓐᓃᑦ pericarditis (ᖃᓯᓕᔪᑦ ᐆᒻᒪᑖᑕ ᓄᑭᖏᑦ ᖃᕐᕈᕕᐊᖓᓘᓐᓃᑦ) ᓴᒡᕕᒃᑯᑦ ᐋᓐᓂᐊᕐᓗᓂ,

ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓂᖅ

ᐊᓂᑦᑎᕆᑦᑎᐊᕈᓐᓇᙱᓪᓗᓂ, ᐆᒻᒪᑎᐊᓗ ᓱᒃᑲᓕᓗᐊᓕᕐᓗᓂ. ᐋᓐᓂᐊᕕᖕᒧᑦ ᖃᐅᔨᒋᐊᕆᑦ ᖃᓄᐃᒃᑯᕕᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᑲᐱᔭᐅᓚᐅᕐᑎᓪᓗᑎᑦ.