ᐊᐱᖅᑯᑕᐅᒐᔪᒃᑐᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᓄᑦ ᖃᖓᑦᑕᐅᑎᑦ

ᐅᑯᐊ ᑐᑭᓯᒋᐊᕈᑎᒃᓴᑦ ᑐᕌᖓᑎᑕᐅᙱᑦᑐᑦ ᑭᖑᕝᕕᔾᔪᑕᐅᓇᓱᒃᓗᑎᒃ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᓄᑦ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐊᑐᐊᒐᕐᒧᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᔾᔨᐸᓗᖏᓐᓄᑦ ᖃᐅᔨᒪᔾᔪᑎᓄᑦ. ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᑦ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐊᑐᐊᒐᖅ ᐊᒻᒪ ᐊᔾᔨᐸᓗᖏᑦ ᖃᐅᔨᒪᔾᔪᑎᑦ ᐱᔭᒃᓴᐅᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ ᐃᑭᐊᖅᑭᕕᖓᓐᓂ ᐆᒥᖓ ᑐᕋᕈᑎᖃᖅᑐᑦ www.health.gov.nu.ca .

ᖃᓄᐃᒻᒪᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓗᑕ ᖃᖓᑦᑕᐅᑎᖃᕆᐊᖃᖅᐱᑕ?

ᑲᓇᑕᒥ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ ᐱᖁᔭᖓ ᐅᖃᖅᓯᒪᖓᒪᑦ ᓄᓇᖃᖅᑐᓕᒫᑦ ᐊᔾᔨᒌᒃᑎᑕᐅᔭᕆᐊᖃᕐᓂᙱᓐᓂᒃ ᐋᓐᓂᐊᕐᕕᖕᒥ ᑲᒪᒋᔭᐅᔾᔪᑎᓄᑦ. ᓄᓇᕗᒻᒥ, ᐋᓐᓂᐊᕐᕕᖕᒥ ᑲᒪᒋᔭᐅᔾᔪᑎᑦ ᒪᓂᒪᙱᑦᑕᑦᖓᑕ ᓄᓇᒋᔭᓂᒃ ᖃᖓᑕᓱᒃᑯᑦ ᑭᓯᐊᓂ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓇᒪᑦ. ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐃᑲᔪᓲᖓᕗᑦ ᐊᔪᖅᑎᑕᐅᙱᑦᑐᓄᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕆᐊᓕᖕᓄᑦ ᖃᖓᑕᓱᒃᑯᕆᐊᖃᖅᐸᒃᑐᓄᑦ ᐋᓐᓂᐊᕐᕕᖕᒥ ᑲᒪᒋᔭᐅᔪᓐᓇᕐᑯᓪᓗᒋᑦ.

ᑭᒃᑯᓐᓄᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᐸᒃᑐᓄᑦ ᖃᖓᑦᑕᐅᑎᑦ ᐊᑐᐊᒐᖓ ᑐᕌᖓᖓᒪᑦ?

ᐋᓐᓂᐊᕐᕕᓕᐊᖅᐸᒃᑐᑦ ᖃᖓᑕᓱᒃᑯᑦ ᐊᑐᐊᒐᖓ ᑐᕌᖓᕗᖅ ᓄᓇᕗᒥᐅᓕᒫᓄᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕈᓐᓇᐅᑎᖃᑦᑎᐊᖅᑐᓄᑦ ᐊᐅᒃᑕᔫᒥᒃ ᐊᒻᒪ ᐊᐅᓪᓚᕐᑯᔭᐅᔭᕌᖓᑕ ᓄᓇᕗᒻᒥ ᓗᒃᑖᒥᒃ.

ᐃᑲᔫᑎᓄᑦ ᑭᓯᑦ ᐊᑭᓕᖅᓯᖅᑕᐅᕙᑦ?

ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ ᐊᑭᓕᖅᓯᐃᕗᑦ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐊᑕᙱᙱᐊᕐᔪᒃᓗᒍ $125.00 ᐅᖓᒻᒧᑦ ᐊᒻᒪ ᐅᑎᒧᑦ. ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ ᖃᖓᑦᑕᐅᓯᖅᓯᓱᖑᕗᑦ ᐃᓛᓐᓂᒃᑯᓪᓗ ᑐᔪᒥᔾᔪᑎᑖᖅᑎᑦᑎᕙᒃᓗᑎᒃ. ᐃᑲᔪᖅᑕᐅᔭᕆᐊᓖᑦ ᒪᓕᒃᑎᑕᐅᓱᖑᕗᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᒥᒃ ᐊᔪᙱᑦᑕᕐᖓᑦ ᐊᓯᖏᓐᓄᑦ ᓇᓪᓕᐅᒃᑯᒫᖃᕆᐊᖃᖅᑐᓄᑦ ᐊᑭᓕᖅᓯᖅᑕᐅᓯᒪᙱᑦᑐᓂ ᑕᕝᕙᓂ ᐊᑐᐊᒐᕐᒥ.

ᐅᑯᐊ ᐆᒃᑑᑎᒋᓗᒋᑦ:
- ᓇᓪᓕᐅᒃᑯᒫᖃᙱᑦᑐᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᓂᕐᒧᑦ ᐃᑲᓯᐊᖅᐸᒃᑐᑦ;
- ᐅᐃᒍᓯᒪᔪᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᔾᔪᑎᒧᑦ ᐱᓕᕆᐊᑦ;
- ᐃᖅᑲᓇᐃᔭᖅᑎᓄᑦ ᐊᑦᑕᕐᓇᖅᑐᓂᒃ ᐊᒻᒪ ᓇᓪᓕᐅᒃᑯᒫᓂᒃ ᖃᐅᔨᓴᖅᑎᓄᑦ;
- ᒐᕙᒪᒃᑯᑦ ᐃᖅᑲᓇᐃᔭᖅᑎᓄᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕈᓐᓇᐅᑎᓄᑦ;
- ᓄᓇᕗᑦ ᒐᕙᒪᒃᑯᑦ ᐃᖅᑲᓇᐃᔭᖅᑎᓄᑦ ᑭᒍᑎᓕᕆᔭᐅᔾᔪᑎᓄᑦ ᐊᒻᒪ ᐋᓐᓂᐊᕐᕕᓕᐊᕈᓐᓇᐅᑎᓄᑦ; ᐊᒻᒪ
- ᐃᓛᒃᑰᖅᑐᓂᒃ ᓇᓪᓕᐅᒃᑯᒫᓕᖕᓄᑦ

ᑭᓱᖕᒪᑕ ᐊᖏᖅᑕᐅᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᕕᑦ?

'ᐊᖏᖅᑕᐅᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᕕᑦ' ᒪᑯᐊᖑᕗᑦ ᐋᓐᓂᐊᕐᕕᐊᓗᒃ, ᐋᓐᓂᐊᕕᒃ, ᐃᕐᓂᔭᖅᑐᕐᕕᒃ, ᐊᕕᒃᓯᒪᓂᕐᒥ ᐋᓐᓂᐊᕕᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐊᔪᖅᑐᒃᑯᕕᑦ ᐊᖏᖅᑕᐅᓯᒪᔪᑦ ᓄᓇᕗᑦ ᒐᕙᒪᒃᑯᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᓄᑦ ᑲᒪᒋᔭᐅᔪᓐᓇᕐᑯᓪᓗᒋᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕆᐊᖅᑐᖅᑑᑉ ᓄᓇᓕᖕᒐᓂᒃ ᐱᑕᖅᑐᙱᑦᑕᕐᖓᑦ. ᐊᖏᖅᑕᐅᓯᒪᔪᖅ ᐋᓐᓂᐊᕕᒃ ᓄᓇᓕᖕᒐᑦᑕ ᖃᓂᓛᖕᒐᓄᑦ ᐋᓐᓂᐊᕕᓕᐊᖅᑎᑕᐅᕙᒃᓗᑎᒃ. ᓱᕐᓗ ᐃᒪᓐᓇ, ᕿᑭᖅᑖᓗᖕᒥ ᐋᓐᓂᐊᕐᕕᓕᐊᕆᐊᖅᑐᒥᒃ ᐋᓐᓂᐊᕆᔭᖓᓄᓪᓗ ᐃᑲᔫᑎᒃᓴᖏᑦ ᒪᓂᒪᐸᑕ ᐋᑐᕙᒥ, ᐅᐃᓂᐱᐊᖕᒥ ᐅᕝᕙᓘᓐᓃᑦ ᐊᑦᒪᓐᑕᓐᒥ, ᕿᑭᖅᑖᓗᖕᒧᑦ ᖃᓂᓛᖑᔪᖅ ᐋᑐᕙᒦᓐᓇᔭᖅᐳᖅ.

ᑭᓯᓂᒃ ᐅᖃᐅᓯᖅᑕᓂᒃ ᑐᑭᓯᐊᔭᕆᐊᖃᖅᐳᖓ?

ᐃᑲᔪᖅᑕᐅᔭᕆᐊᓕᒃ – ᑭᓇᑐᐃᓐᓇᖅ ᖃᖓᑕᓱᒃᑯᕆᐊᓕᒃ ᐋᓐᓂᐊᕐᕕᓕᐊᕆᐊᖃᕐᓗᓂ.

ᐋᓐᓂᐊᕕᓕᐊᕐᓗᓂ ᖃᖓᑕᓱᒃᑯᕐᓂᖅ – ᐱᔪᓐᓇᖅᑎᑕᐅᔪᑦ ᖃᖓᑕᓱᒃᑯᑦ ᓄᓇᕗᒻᒥ ᓄᓇᓕᖕᓂ ᐊᒻᒪ/ᐅᕝᕙᓘᓐᓃᑦ ᐊᖏᖅᑕᐅᓯᒪᔪᓄᑦ ᐋᓐᓂᐊᕐᕕᐊᓗᖕᓄᑦ ᓄᓇᕗᑉ ᓯᓚᑖᓂ ᐃᑲᔫᑎᖃᖅᑐᓄᑦ ᐃᑲᔪᖅᑕᐅᔭᕆᐊᓕᐅᑉ ᓄᓇᓕᐊᓂ. ᐱᒻᒪᕆᐅᖕᒪᑦ ᑐᑭᓯᐅᒪᒋᐊᒃᓴᖅ ᐋᓐᓂᐊᕕᓕᐊᕐᓂᐊᕐᓗᓂ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐃᑲᔫᑎᑦ ᒪᓂᒪᑎᑕᐅᑐᐃᓐᓇᓱᑦ ᖃᓂᒋᓛᒧᑦ ᐊᖏᖅᑕᐅᓯᒪᔪᒧᑦ ᐋᓐᓂᐊᕕᖕᒧᑦ.

ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᓯᐅᑎᑦ – ᑐᑭᖃᖅᐳᖅ ᐃᓗᐊᖅᓴᐃᔨ ᓚᐃᓴᖃᕐᓗᓂ ᐋᓐᓂᐊᖅᑐᓂᒃ ᑲᒪᔪᓐᓇᕐᓗᓂ ᓄᓇᕗᒻᒥ ᐃᖅᑲᓇᐃᔭᕆᓗᓂᐅᒃ ᐅᕝᕙᓘᓐᓃᑦ ᒃᑯᑐᓛᒃᑕᐅᓯᒪᓗᓂ ᓄᓇᕗᑦ ᒐᕙᒪᒃᑯᓐᓂ. ᑕᒪᒃᑯᐊ ᐋᓐᓂᐊᓯᐅᑎᑦ ᐃᒪᐃᑦᑑᔪᑦ ᐃᓗᐊᖅᓴᐃᔨᑦ, ᓗᒃᑖᑦ, ᐊᒻᒪ ᐃᕐᓂᓱᒃᓱᔨᑦ. ᑕᕝᕙᓂᓕ ᐊᑐᐊᒐᕐᒥ ᑭᒍᑎᓕᕆᔨᑦ ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᓯᐅᖅᑎᓂ ᓇᓗᓇᐃᖅᑕᐅᓯᒪᖕᒥᑦᑐᑦ.

ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᓯᐅᑎ ᐃᓱᒪᓕᐅᕆᔨᐅᕗᖅ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᓯᒪᔪᖅ ᑭᓯᓂᒃ ᐋᓐᓂᐊᖅᓯᐅᑎᑖᕆᐊᖃᕐᒪᖔᑦ ᓇᒧᓪᓗ ᐋᓐᓂᐊᕐᕕᓕᐊᕆᐊᖃᕐᒪᖔᑦ ᖃᓂᒋᓛᒧᑦ ᐋᓐᓂᐊᕐᕕᐊᓗᖕᒧᑦ ᐋᓐᓂᐊᖅᑐᒧᑦ ᑭᓯᓕᕆᔾᔪᑎᖃᐅᑦᑎᐊᕐᓗᓂ. ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᓯᐅᖅᑎ ᐋᓐᓂᐊᖅᑐᒥᒃ ᐱᖃᑎᖃᕐᑯᔨᔪᓐᓇᖅᐳᖅ ᑲᒪᔨᒃᓴᖓᓂ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑎᓪᓗᒍ, ᑭᓯᐊᓂ ᐊᖏᖅᑕᐅᓚᐅᖅᑎᓪᓗᒍ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᑐᑭᒧᐊᒃᑎᑦᑎᔨᒧᑦ.

ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᑐᑭᒧᐊᒃᑎᑦᑎᔨ – ᑐᑭᖃᖅᐳᖅ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᑐᑭᒧᐊᒃᑎᑦᑎᔨ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᓐᓄᑦ, ᐃᖃᓗᖕᓂ ᓯᕗᓕᖅᑏᑦ ᑐᑭᒧᐊᒃᑎᑦᑎᔨᖓ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᓐᓄ ᑎᓕᔭᐅᓯᒪᔪᓪᓗᓐᓃᑦ.

ᐊᖏᖅᑕᐅᓯᒪᔪᖅ ᖃᖓᑦᑕᐅᑎ ᖃᑯᒍ ᐊᑐᕈᓐᓇᖅᓯᓇᔭᕐᒪᑦ? ᐃᓱᓕᓪᓇᔭᕐᒪᑦ?

ᐊᖏᖅᑕᐅᓯᒪᔪᖅ ᖃᖓᑦᑕᐅᑎ ᐊᑐᓯᑲᐅᑎᒋᓱᖅ ᑕᑯᔭᐅᕝᕕᒃᓴᕕᑦ ᓯᕗᓂᐊᒍ. ᐊᖏᕐᕋᕈᓐᓇᖅᓯᓂᕋᖅᑕᐅᑐᐊᕈᕕᓪᓕ, ᐅᑎᖅᑎᑕᐅᓇᔭᖅᐳᑎᑦ ᓄᓇᔾᓯᓐᓄᑦ ᐊᑭᑭᓐᓂᖅᐹᑯᑦ ᓄᒃᑕᐅᑎᒃᑯᑦ ᐊᖏᕐᕋᖅᑎᑕᐅᔪᓐᓇᕐᑯᓪᓗᑎᑦ ᑭᖑᓪᓕᖅᐹᒥ ᑕᑯᔭᐅᕋᓂᒃᓯᒪᓕᑐᐊᕈᕕᑦ.

ᐊᐱᖅᑯᑕᐅᒐᔪᒃᑐᑦ

ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᓄᑦ ᖃᖓᑦᑕᐅᑎᑦ

ᑭᒃᑯᑦ ᐱᖃᑎᖃᕈᒪᒍᓐᓇᕐᒪᑕ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᕐᓗᑎᒃ?

ᐋᓐᓂᐊᕐᕕᓕᐊᕐᑑᑉ ᑲᒪᔨᒋᔭᖏᓪᓗᓐᓃᑦ ᐱᒋᐊᖅᑎᑦᑎᔪᓐᓇᖅᐳᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᖅ ᐱᖃᑎᖃᕆᐊᖃᕆᔭᐅᒃᑦ. ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᓯᐅᖅᑎ ᓇᓗᓇᐃᖅᓯᓇᔭᖅᐳᖅ ᐃᑲᔪᖅᓱᐃᔾᔪᑖᓂᒃ ᐃᑲᔪᖅᓱᐃᖕᔪᑖᓂᒃᓗᓐᓃᑦ. ᑐᒃᓯᕋᐅᑖᓄᑦ. ᑐᒃᓯᕋᐅᑦ ᐊᖏᖅᑕᐅᓇᔭᖅᐳᖅ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᐋᓐᓂᐊᖃᕐᓇᖕᒋᑦᑐᓕᕆᔨᒃᑯᓐᓂ. ᐋᓐᓂᐊᕐᕕᓂᐊᖅᑑᑉ ᐱᖃᑎᒋᔭ ᐊᖏᖅᑕᐅᑐᐃᓐᓇᕆᐊᓕᒃ ᐋᒃᑳᖅᑕᐅᑐᐃᓐᓇᕆᐊᓕᒃᓗᓐᓃᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᓯᒪᔪᖅ ᐋᓐᓂᐊᕐᕕᖕᒥᓐᓂᓕᒫᖓᓂ.

ᑭᒃᑯᓕᓕ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᓂᒃ ᐱᖃᑎᒋᔪᓐᓇᖅᑎᑕᐅᖕᒪᑕᕝᕙᕝ?

ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑑᑉ ᐱᖃᑎᒋᓇᔭᖅᑖ ᐃᓐᓇᐅᔭᕆᐊᖃᖅᐳᖅ ᐊᕐᕌᒍᖃᕐᓗᓂ 19-ᓂᒃ ᐅᖓᑖᓂᒃᓗᓐᓃᑦ. ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᓯᐅᖅᑎ ᐅᖃᖃᑎᖃᑦᓕᓚᐅᕐᓗᓂ ᐋᓐᓂᐊᕕᓕᐊᖅᓯᒪᔪᒥ ᑲᒪᔨᒋᔭᒧᑦᓗᓐᓃᑦ ᐱᖃᑎᖃᕆᐊᖃᕐᒪᖔᑦ ᐅᖃᐅᓯᖃᕐᔭᕐᒪᑎᒃ. ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᒥᒃ ᐱᖃᑎᒋᔭᐅᔪᖅ ᐊᖏᕆᐊᖃᖅᐳᖅ ᐅᑯᓄᖓ, ᐊᑎᓕᐅᕐᓗᓂᓗ, ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑑᑉ ᐱᖃᑎᒋᓂᐊᑖᓗ ᖃᖓᑦᑕᐅᑎᒋᓂᐊᖅᑕᖏᑦ ᐊᖏᕈᑎᑦ. ᐊᑯᓂᐅᓂᖅᓴᖅ ᑲᒪᒋᔭᐅᔭᕆᐊᓕᖕᓄᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑑᑉ ᐱᖃᑎᒋᔭ ᐱᓇᓱᐊᕈᓱᑦ ᑎᓴᒪᑦ ᐅᓄᖏᑦᓴᖃᕐᓗᒍ ᐱᖃᑎᒋᔭᕆᐊᖃᕐᔭᕐᒪᒍ ᐊᖏᕐᕋᕈᓐᓇᖅᓯᓚᐅᖕᒋᓐᓂᖕᓂᖓᓂ ᐱᖃᑎᒋᔭᐅᔪᖅ. ᐱᓇᓱᐊᕈᓱᑦ ᑎᓴᒪᖕᒍᕈᔾᔨᖅᐸᑦ, ᐋᓐᓂᐊᕐᕕᓕᐊᖅᓯᒪᔪᑉ ᐱᖃᑎᒋᔭ ᑐᒃᓯᕋᕈᓐᓇᖅᐳᖅ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒃᑯᓐᓄᑦ ᐊᖏᕐᕋᐅᔾᔪᑎᒃᓵᓂᒃ ᐊᒻᒪ ᐊᓯᐊᓂᖓᖅ ᐱᖃᑎᒋᔭᒃᓵᓂᒃ ᐋᖅᑭᒃᑕᐅᔪᖅᑲᐃᓐᓇᕆᐊᖃᖅᓱᓂ.

ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᒧᑦ ᐱᖃᑎᒋᔭᖅ ᓄᑕᕋᓛᒋᕆᐊᖃᖕᒋᑦᑐᖅ. ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᓄᑦ ᐱᖃᑎᒋᔭᒃᓴᑦ ᑭᖑᓂᐊᒍᑦ ᒪᓕᒋᐊᓕᖕᓂᒃ ᒪᓕᖃᑦᑕᖅᓯᒪᖕᒋᑉᐸᑕ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᒧᑦ ᐊᖏᕐᑎᖃᑏᒍᑎᒥᒃ ᓂᕈᐊᖅᑕᐅᖕᒋᑐᐃᓐᓇᕆᐊᓕᒃ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᒧᑦ ᐱᖃᑎᒋᕐᑯᔭᐅᓗᓂ ᓯᕗᓂᒃᓴᒥ.

ᖃᖓᒃᑯᓕᓕ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᑦ ᐱᖃᑎᒃᓴᖏᑦ ᐊᖏᖅᑕᐅᓲᖑᖓᑦ?

ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑑᑉ ᐱᖃᑎᒃᓴᖓ ᐊᔪᖅᑎᑕᐅᓇᔭᖕᒋᑐᖅ ᐃᒪᐃᓕᖓᔭᕆᐊᖃᖅᐸᑕ:

· ᒪᓕᒐᖅᑎᒍᑦ ᐊᖏᕈᑎᖃᕆᐊᖃᕋᖓᑕ ᐊᖓᔪᖅᑳᕆᔭᖅ ᐅᕝᕙᓘᓐᓃᑦ ᑲᒪᔨᒋᔭᖅ;

· ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᖅ ᐃᓱᒪᒥᒍᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑎᒥᒥᒍᑦ ᐊᔪᕈᑎᖃᖅᐸᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᕐᓗ ᐃᓄᑑᓗᓂ ᐊᐅᓪᓚᕈᓐᓇᖕᒋᓪᓗᓂ ᐃᑲᔪᖅᑕᐅᔭᕆᐊᖃᖅᐸᑦ; ᐅᕝᕙᓘᓐᓃᑦ

· ᐃᓄᒃᑎᑐᑦᑕᐃᓐᓇᖅ ᐅᖃᐅᓯᖃᖅᐸᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᖅ ᐊᐅᓪᓚᕆᐊᖃᕐᓗᓂᓗ ᐊᖏᖅᑕᐅᓯᒪᔪᒧᑦ ᐋᓐᓂᐊᕐᕕᖕᒧᑦ ᑐᓴᔨᑕᖅᖏᑐᐊᖅᐸᓪᓗ. ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᖅ ᐱᖃᑎᒋᓂᐊᖅᑖ ᑕᒪᐃᓐᓂᒃ ᐅᖃᐅᓯᖃᑕᓂᒃ ᑐᑭᓯᐅᒪᔭᕆᐊᖃᖅᐳᖅ; ᐅᕝᕙᓘᓐᓃᑦ

· ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᖅ ᐱᖃᑎᒋᔭ ᐃᓚᐅᖃᑦᑕᕐᓂᐊᑐᐊᖅᐸᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᖅ ᒪᒥᓴᖅᐸᓪᓕᐊᓕᖅᑎᓪᓗᒍ ᖃᓄᐃᓕᐅᕆᐊᖃᕐᒪᖔᓪᓗ ᖃᐅᔨᑎᑕᐅᑎᓪᓗᒍ ᑕᐃᔭᐅᓯᒪᔪᓄᑦ ᐊᒻᒪ ᐊᐃᓯᒪᓕᖅᐸᑦ ᐃᓗᐊᖅᓴᐃᑎᒃᓴᖏᓐᓂᒃ ᖃᐅᔨᑎᑕᐅᑎᓪᓗᒍ ᐋᓐᓂᐊᖅᑐᒧᑐᐊᖅ ᖃᐅᔨᔭᐅᔭᕆᐊᖃᖕᒋᑦᑐᑦ ᐱᓪᓗᒋᑦ.

ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑑᑉ ᐱᖃᑎᒃᓴᖓᓄᑦ ᐊᑭᓕᐅᑎᒃᓴᑦ ᐊᑭᓕᖅᑕᐅᓯᒪᕙᑦ?

· ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑑᑉ ᐱᖃᑖᓄᑦ ᐊᑭᓕᐅᑎᒃᓴᑦ ᐊᑭᓕᖅᑕᐅᓯᒪᕙᑦ ᖃᖓᑦᑕᐅᑎᒃᑯᑦ ᐊᑭᑭᓐᓂᖅᐹᒃᑯᑦ ᐅᖓᒻᒧᑦ ᐊᒻᒪ ᐅᑎᒧᑦ ᖃᓂᒋᓛᒧᑦ ᐋᓐᓂᐊᕐᕕᐊᓗᖕᒧᑦ;

ᖃᓄᐃᓕᐅᕈᓐᓇᕐᒪᑕ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᕐᓗᖓ ᐋᒃᑳᖅᑕᐅᓐᓂᕈᒪ ᐅᕝᕙᓘᓐᓃᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᒧᑦ ᐱᖃᑎᒋᔭᐅᓂᐊᕋᓗᐊᕐᓗᖓ ᐋᒃᑳᖅᑕᐅᓐᓂᕈᒪ?

ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᖅ ᑲᒪᔨᖓᓛᓐᓃᑦ ᐱᔪᓐᓇᕐᓂᖅᑐᐃᓐᓇᐅᕗᑦ ᖃᖓᑦᑕᐅᑎᒃᓴᖏᑦ ᐋᒃᑳᖅᑕᐅᓐᓂᖅᐸᑕ ᐃᑲᔪᖅᑕᐅᒃᑲᓐᓂᕈᒪᔪᓐᓇᖅᓗᑎᒃ ᐋᓐᓂᐊᖅᑐᓕᕆᓂᕐᒧᑦ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᑦ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐊᑐᐊᒐᕐᒥ. ᐊᑕᐅᓯᑐᐊᕐᑎᐊᒥ ᐊᔪᖅᑎᑕᐅᔪᓄᑦ ᑐᓴᖅᑕᐅᖕᒐᒃᑲᓐᓂᖅᑕᕐᑲᖅᐳᖅ ᑕᒪᐃᓐᓄᑦ ᑐᓴᖅᑕᐅᒃᑲᓐᓂᕆᐊᓕᖕᓄᑦ ᑐᓐᓂᖅᑯᑕᐅᔭᕆᐊᖃᖅᓗᑎᒃ ᑎᑎᕋᖅᓯᒪᓗᑎᒃ ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᖅᑐᒧᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑲᒪᔨᒋᔭᒧᑦ. ᑐᓴᖅᑕᐅᒃᑲᓐᓂᕆᐊᖃᖅᑐᓕᒫᑦ ᑐᓐᓂᖅᑯᑕᐅᔭᕆᐊᖃᖅᐳᑦ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᑐᑭᒧᐊᒃᑎᑦᑎᔨᒧᑦ. ᑐᓴᖅᑕᐅᒃᑲᓐᓂᕆᐊᖃᖅᑐᓕᒫᑦ ᑐᓐᓂᖅᑯᑕᐅᔭᕆᐊᖃᖅᐳᑦ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᑐᑭᒧᐊᒃᑎᑦᑎᔨᒧᑦ ᑐᓴᖅᑕᐅᒃᑲᓐᓂᕈᑎᒧᑦ ᑕᑕᑎᓇᐊᓕᑦ ᐊᑐᕐᓗᑎᑦ. ᑐᓴᖅᑕᐅᒃᑲᓐᓂᑯᔨᔭᔪᑎᑦ ᑕᑕᑎᓇᐊᓕᑦ ᐱᔭᒃᓴᐅᕗᑦ ᓄᓇᓕᒃᓯ ᐋᓐᓂᐊᕐᕕᖏᓐᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓚᓕᐅᑎᓗᓯᐅᒃ ᐊᑐᐊᒐᕐᒧᑦ ᐋᓐᓂᐊᖅᑐᓕᕆᔨᒃᑯᑦ ᐃᑭᐊᖅᑭᕕᖓᓐᓂ ᐱᔭᐅᓚᐅᕐᓗᑎᒃ.

ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᖅ ᐅᕝᕙᓘᓐᓃᑦ ᑲᒪᔨ ᐅᓪᓗᖃᖅᑎᑕᐅᕗᖅ 60-ᓂᒃ ᑐᒃᓯᕋᐅᑖ ᐋᒃᑳᖅᑕᐅᑎᓪᓗᒍ ᑐᓂᓯᓂᐊᖅᐸᑦ ᐱᐊᓂᒃᓯᒪᔪᒥᒃ ᑐᓴᖅᑕᐅᒃᑲᓐᓂᕐᑯᔨᔭᔪᑎᒥᒃ ᑕᑕᑎᓇᐊᓕᖕᒥ. ᐱᔪᓐᓇᕐᓂᓕᒃ ᐊᕕᒃᑐᖅᓯᒪᔪᓂ ᑐᑭᒧᐊᒃᑎᑦᑎᔨ ᑎᓕᔭᐅᓯᒪᔪᓐᓃᑦ ᕿᒥᕐᕈᓂᐊᖅᐳᖅ ᑐᓴᖅᑕᐅᒃᑲᓐᓂᑯᔭᒥᒃ, ᖃᓄᐃᓕᐅᖅᑕᐅᕐᑯᔪᓐᓇᕐᓗᓂᐅᒃ ᑐᓴᖅᑎᓪᓗᓂᐅᒃᓗ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᓯᒪᔪᖅ ᑲᒪᔨᓐᓃᑦ ᐅᓪᓗᑦ ᖁᓕᑦ ᐊᑐᖅᑎᓪᓗᒋᑦ ᐃᖅᑲᓇᐃᔭᕐᓇᐃᑦ ᑐᓴᖅᑕᐅᒃᑲᓐᓂᑯᔭᐅᔪᒥᒃ ᐱᑎᑕᐅᓚᐅᖅᑎᓪᓗᒍ. ᐃᓱᒪᓕᐊᓇᔭᖅ ᒪᓕᒋᐊᖃᖅᑐᖅ ᑐᓴᖅᑕᐅᒃᑲᓐᓂᑯᔭᐅᔪᖃᓇᐊᖃᖕᒋᑦᑐᖅ.

ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᒪᒍᒪ ᓇᒧᖕᒐᕈᓐᓇᕐᒪ?

ᐋᓐᓂᐊᕐᕕᓕᐊᕐᓂᐊᕐᓗᓂ ᖃᖓᑦᑕᐅᑎᓄᑦ ᐊᑐᐊᒐᖅ ᐊᒃᑐᐊᔪᓪᓗ ᖃᐅᔨᒪᔾᔪᑏᑦ ᐱᔭᒃᓴᐅᕗᑦ ᐋᓐᓂᐊᖃᕐᓇᖕᒋᑦᑐᓕᕆᔨᒃᑯᑦ ᐃᑭᐊᖅᑭᕕᖓᓐᓂ ᐅᕝᕙᓘᓐᓃᑦ ᖃᐅᔨᒋᐊᑐᐊᕈᔾᔪ ᐋᓐᓂᐊᖃᕐᓇᖕᒋᑦᑐᓕᕆᔨᒃᑯᓐᓄᑦ ᐅᕙᓂ ᑐᕋᕈᑎᒥ:

ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᓄᑦ ᖃᖓᑦᑕᐅᑎᓕᕆᔨᑦ

· ᕿᑭᖅᑖᓗᖕᒥ ᐋᓐᓂᐊᕐᕕᓕᐊᖅᑐᑦ ᖃᖓᑦᑕᐅᓯᕐᕕᐊ
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