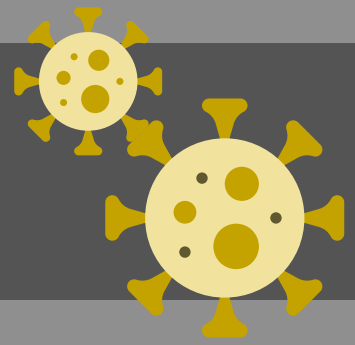




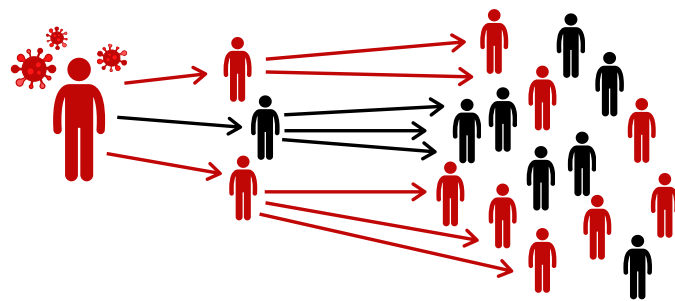
COVID-19 and Isolation



Transmission of COVID-19 typically happens between **day 7 and 14** of the incubation period.

Some people go through this time without symptoms. This is known as asymptomatic transmission.

This means people can spread COVID-19 without even realizing it!



Isolation works because:

1
2

It is effective at breaking transmission.

It gives people with COVID-19 time to recover and become non-contagious.

If you're asked to isolate, stay home.
Respect public health restrictions.
Take preventative actions.



**Your Actions.
Everyone's Health.**