

*Nunavut
is Nunavut
because of you.*

FRIEND

learn and mingle

COLLEAGUE

mingle and teach

ALLY

teach and coach

IVIQTIPPALLIAJUT

In the Process of Falling Into Place

Nunavut strives to become a territory where Inuit and non-Inuit see each other as equals, balance each other's strengths, and support each other's challenges. Inuit Qaujimagatuqangit (IQ), together with Inuit Societal Values (ISV), have helped to bring Inuit closer to that goal. Nunavut needs friends, colleagues, and allies to continue building upon Inuit aspirations for generations to come.

Just as Inuit welcomed the first non-Inuk, Nunavut welcomes those who are curious and visit; those who are intrigued and stay; and those who are committed and integrate.

All are welcome.

IDEAS, SUGGESTIONS, RECOMMENDATIONS, CHALLENGES:

**Take your pick - FRIEND, COLLEAGUE, ALLY -
and, most importantly, share your experience!**

- Participate in a community event
- Participate in celebrations
- Adopt an elder
- Share your favorite dish
- Taste a country food dish
- Be adventurous - try igunaq
- Take a cross-cultural orientation workshop with an Inuk colleague
- Read sections of the Nunavut Land Claims Agreement (NLCA)
- Reflect on the NLCA
- Bonus points: Who is ITK? ICC?
- Listen to local radio
- Watch the Aboriginal Peoples Television Network (APTN)
- Watch Inuit Broadcasting Corporation (IBC) on www.isuma.ca
- Learn to speak Inuktitut words, phrases, sentences
- Learn to read Inuktitut words, phrases, and sentences
- CHALLENGE - in syllabics
- Hug an elder
- Celebrate small steps
- Celebrate milestones
- Share stories of boating, snowmobiling, camping
- HINT - it is not an adventure
- Share stories of harvesting your first and successive catches
- Deliver catch(es) to an elder
- Learn to make a tool;
- Give the tool to a significant Inuk
- Read Inuit publications
- What else, where, with whom

YOU ARE A
*friend of
Nunavut.*



Friend

Colleague

Ally

You have an important, if not critical, role to play in the development and promotion of healthy and healthier individuals, families, friends, and communities. Nunavut is Nunavut because of the relationships and partnerships we have formed within our homes and our workplaces; because we have friends, colleagues, and allies.

FRIEND

One who gets to know Inuit and wants to learn more about where Inuit come from and what their hopes are for the future. A friend passes on his/her knowledge of Inuit to encourage the energy and drive of Inuit and to build the community as a whole.

COLLEAGUE

One who has committed to learning Inuktitut, spending time 'out on the land' with Inuit, and developing Inuit skills. A colleague seeks to encourage the use of Inuktitut and promote ISV in the workplace.

ALLY

One who is supporting the integration of Inuktitut and ISV in the community. The ally seeks opportunities to improve and enhance Inuktitut and ISV across the spectrum - in the home, the daycare, the schools, the government and non-government institutions.

STEP 1:

Be open to learning about and getting to know the community.

Ask yourself:

What more can I learn about my immediate circle of Inuit? What have other friends of Inuit learned?

Don't be surprised if they are not as responsive as you had hoped. Inuit tend to think "it" through. Inuit question, internally. Remember, it takes time to trust.

FRIEND:

What brought you to this community? What was your first impression? What was your first embarrassing moment in a cross-cultural misunderstanding? What was an "aahaa" moment?

STEP 2:

Show your desire to be part of the community.

What more:

How can what you have picked up in Inuktitut and ISV be better incorporated where you socialize and where you work? Which Inuit need more encouragement? What kinds of additional support do Inuit need in the workplace to remain or for advancement? What more can you do in educating new friends and collaborating with other colleagues to further the cause?

The workplace and community are adapting and changing with your support, your encouragement, and your commitment to ensure safety, security, and strength. Remember, acceptance is empowering.

COLLEAGUE:

Where do you believe you have made a difference?

STEP 3:

Contribute to and in the community.

What else:

What else is needed to ensure the continued, consecutive, and constructive success of Nunavut with Inuktitut and ISV? What measures are in place to acknowledge, and respect mutual balance?

Inuit are proactive and are better prepared and able to defend the rights of its FRIENDS, COLLEAGUES and ALLIES in and for Nunavut with Nunavummiut. Remember, integration is re-empowering.

ALLY:

Where do we go from here? How? How do you believe you became an ally for Nunavut and the Inuit you work with? What else do we both need to do to build community efforts to consider, accept, respect and integrate Inuit and non-Inuit in the workplace?

Hint Be curious but do not pry. Be respectful as a rule.