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## Be food safe when purchasing homecooked products

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(August 18, 2020)

**Public Service Announcement** 

## Be food safe when purchasing homecooked products

Nunavummiut are advised that if they are going to prepare food for sale from their homes, or purchase food from home-based businesses, that they stick to low-risk options, such as baked goods, sweets, dry foods, fresh fruit and vegetables. Recently, there has been an increase in advertising of home-based prepared food for sale on social media.

Home-cooked foods may not be prepared in accordance with standards and processes approved by the Department of Health. Unapproved home-based food operators may not have the required space and equipment to adequately ensure that food is kept cold enough or hot enough to remain safe from preparation to delivery, or do not have sufficient means to safely store, hold and serve food in large quantities for the public.

This advisory does not apply to the sale of low-risk foods by groups and charities for fundraising purposes and to the sale of country food by Inuit as per Article 5 of the Nunavut Agreement.

Meals can be prepared in an approved kitchen, such as a community hall or school kitchen. Contact the regional Environmental Health Officer to discuss this and other options that may be available. For contact information go to <u>https://www.gov.nu.ca/environmental-health</u>.

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