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Building Nunavut Together
Nunavuliuqatigiingniq
Bâtir le Nunavut ensemble

Public Service Announcement

Sexual and Reproductive Health Awareness Week

Start Date: February 10, 2020
End Date: February 14, 2020
Nunavut-wide **45 sec**

This February, the Department of Health reminds Nunavummiut of the importance of sexual and reproductive health to our overall well-being.

The theme for this year's Sexual and Reproductive Health Awareness Week is "Sex-Ed keeps us healthy". Sexual health education is vital to reduce stigma around birth control, sexually transmitted infections (STIs), STI testing, and other issues related to sexual health.

Speak with a health care provider in your community about birth control, emergency contraception and sexual health testing. You can schedule your free and confidential check-up at your local health centre.

Visit www.irespectmyself.ca for sexual health resources provided by the Department of Health. You can also visit the CheckUpProject Facebook page for posts, information, and resources on sexual health and testing.

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