

## **Public Health Advisory**

## Food Recall Warning - Fresh Express brand Sunflower Crisp Chopped Kit recalled due to *E. coli O157:H7*

December 10, 2019 Nunavut-wide

The Department of Health is warning about a food recall issued by the Canadian Food Inspection Agency (CFIA) due to E. coli O157:H7 contamination on the following products:

**Fresh Express brand Sunflower Crisp Chopped Kit** – Product details can be found at <a href="https://inspection.gc.ca/about-the-cfia/newsroom/food-recall-warnings/complete-listing/2019-12-08/eng/1575846136193/1575846136974?utm\_source=r\_listserv">https://inspection.gc.ca/about-the-cfia/newsroom/food-recall-warnings/complete-listing/2019-12-08/eng/1575846136193/1575846136974?utm\_source=r\_listserv</a>

This recalled product should be thrown out. This product is not likely to be available at retail stores but may still be in consumer's homes.

Food contaminated with E. coli O157:H7 may not look or smell spoiled but can still make you sick. Symptoms can include nausea, vomiting, mild to severe abdominal cramps and watery to bloody diarrhea. In severe cases of illness, some people may have seizures or strokes, need blood transfusions and kidney dialysis or live with permanent kidney damage. In severe cases of illness, people may die.

For more information, contact the Canadian Food Inspection Agency at 1-800-442-2342 or visit <a href="www.inspection.gc.ca">www.inspection.gc.ca</a>. Sign up for food recalls at <a href="http://inspection.gc.ca/english/util/listserv/listsube.shtml">http://inspection.gc.ca/english/util/listserv/listsube.shtml</a>.

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