

Public Service Announcement

Health celebrates World No Tobacco Day with call for community-led proposals

Start Date: May 29, 2019 End Date: May 31, 2019 Nunavut-wide

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World No Tobacco Day is May 31, and the Department of Health is encouraging all Nunavummiut to be tobacco-free!

Hamlets, local and regional organizations in Nunavut are invited to submit one-time funding proposals for community-led projects to reduce tobacco use in the territory. For more details, please contact <u>tobacco@gov.nu.ca</u>. The deadline is **Friday, June 28, 2019** at **11:59 p.m. EDT**.

If you are thinking of being tobacco-free, Nicotine Replacement Therapy (NRT), like the patch, gum and inhaler, help with nicotine cravings and withdrawal symptoms. NRT is available at your local health centre, pharmacy or public health unit at no cost for Nunavut Inuit. Call the Nunavut QuitLine at 1-866-368-7848 for free, professional support throughout your quit journey.

Let's celebrate World No Tobacco Day! For more information go to www.NUQUITS.ca

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Media Contact:

Wende Halonen Senior Communications Officer Executive and Intergovernmental Affairs 867-975-6048 WHalonen@gov.nu.ca