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Department of Culture and Heritage
Pitquhiliqiyikkut
Ministère de la Culture et du Patrimoine

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Contact information

つちしゅう Newsletter つってらぬっ b∩L; Tuttarviit Committee

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What is Tuttarviit? The Tuttarviit committee consists of members from each Government of Nunavut department. Their role is to assist departments in all Inuit Societal Values (ISV) initiatives to ensure that it is reflected in all

areas of operation.
The committee reviews
such things as GN
policies, legislative
proposals, and
programs and services.
The committee has
given advice to Health
and Social Services,
Executive and

Intergovernmental
Affairs, Family
Services, Education,
Culture and Heritage,
Qulliq Energy
Corporation,
Akausisarvik,
Economic
Development and
Transportation, and
Environment.

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「くって C^L\abordangle DC ものしと Mary Thompson, Tuttarviit member

Each Government of Nunavut department has a member who participates in bi-weekly meetings of Tuttarviit. Tuttarviit members are the link to their home departments, and assist in developing Inuit related programs and policies. Members are:

Rhoda Palluq, Family Service
Agnes Egotak, Culture & Heritage, Kugluktuk
Mary Thompson, Nunavut Housing Corporation, Arviat
Leesee Papatsie, Environment
Shuvinai Mike, Culture & Heritage
Ookalik Curley, Executive and Intergovernmental Affairs
Elisapee Qupee, Culture & Heritage
Tomasie Panipak, Finance
Peesee Pitsiulak, Nunavut Arctic College
Seemee Nookiguak, Economic Development & Transportation
Sheila Oolayou, Nunavut Tunngavik
Louisa MacIntosh, Education
Rita Strickland, Justice
Oleena Kolola, Culture & Heritage



ンレイ くずくり、ついいるいは Member Tomasie Panipak, Tuttarviit Member

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Guiding Principles of Inuit Qaujimajatuqangit

In Inuit culture there are four primary relationships: the relationship of people to the land, sea and to their culture; the relationship to one's family; the relationship of the individual to his or her own inner spirit; and, the relationship to one's social grouping, community, organization or the relationship between social grouping.

Government of Nunavut's Eight Guiding Principles:

Inuit Qaujimajatuqangit

- Inuuqatigiitsiarniq: Respecting others, relationships and caring for people.
- Tunnganarniq: Fostering good spirits by being open, welcoming and inclusive.
- Pijitsirniq: Serving and providing for family and/or community.
- Aajiiqatigiinniq: Decision making through discussion and consensus.
- Pilimmaksarniq/Pijariuqsarniq: Development of skills through observation, mentoring, practice, and effort.
- Piliriqatigiinniq/Ikajuqtigiinniq: Working together for a common cause.
- Qanuqtuurniq: Being innovative and resourceful.
- Avatittinnik Kamatsiarniq: Respect and care for the land, animals and the environment.

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Tuttarviit sharing their departmental IQ activities and initiative

Char fishing at Nunngarut – Finance's spring Inuit Qaujimajatuqangit day

45 employees and some family members participated in the Department of Finance's spring Inuit Qaujimajatuqangit day on May 3. A procession of snowmobiles and qamutiks made their way to Nunngarut (Bay of Two Rivers), about 30 km southwest of Iqaluit, to spend the day char fishing and ptarmigan hunting.

The departments of Justice and Culture and Heritage happen to share the same day and location for their IQ day. A friendly game of Inuktitut baseball, opposing Finance and Justice, was won by Justice with a score of 10 to nine.

Hired guide Meeka Mike gave a talk about traditional camping practices, respecting the land, its animals, and especially fishing in lakes and rivers. She demonstrated how to use a dog whip and staff were eager participants.

Finance IQ committee members who worked hard to organize this outing made sure that safety was a priority by having a GPS, first-aid kit, In-Reach device and a satellite phone.



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EIA CI Day participants pose with Deputy Minister David Akeeagok before leaving for Nunngarut.

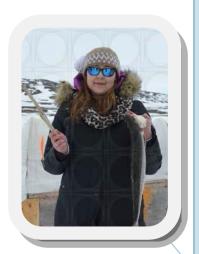


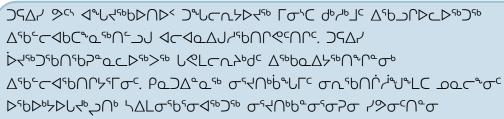
Map courtesy of the Department of Environment. Conservation Officers from the Department provided a safety briefing prior to the CI Day.

Executive and Intergovernmental Affairs Cultural Immersion Day, Cultural Immersion

Day Background

As per the Government of Nunavut's Cultural Immersion Day (CID) Policy, Human Resource Manual, Section 319, the Department of Executive and Intergovernmental Affairs (EIA) planned a day event out on the land taking part in a traditional spring activity that facilitated team building and learning new skills. Multiple activities reflective of cultural backgrounds included: fishing, sharing of catch, a feast and team building. There was 25 participants in total.





Tracy Woods is an Executive Assistant for Minister Kuksuk and she caught her first fish during ice fishing season! Congratulations!

Tracy shared her catch with the EIA CI Day Attendees to be used for **uujuq**, fish stew. A time honoured Inuit tradition is to share our harvest with our community. People that share their harvest are often told that they will be blessed with further harvest in their future.

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While the staff gathered to eat together, it became evident that many different Inuit Societal Values were at play, in particular:

INUUQATIGITSIARNIQ: respecting others, relationships and caring for people.

TUNNGANARNIQ: fostering good spirit by being open, welcoming and inclusive.

PIJITSIRNIQ: serving and providing for family and/or community.

PILIRIQATIGINNIQ: working together for a common cause.

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An Inuit Girl's First Catch

An Inuit Girl's First Catch

When young Inuit girls catch their first fish they are encouraged to drop the fish down the front of their parkas. It is believed that, when a girl has her first child, this will help to ensure a fast and problem-free delivery. It is a practice that continues to this day. Rankin Inlet's Denise Kusugak says that when she was seven or eight her father insisted she follows the tradition and push her first fish through her parka. "I was so mad because all I could smell was fish for the rest of our camping trip. But now I'm thankful he did that. My first child was born from first contraction to delivery in one hour and 47 minutes," said Denise.

Denise Kusuguk - Rankin Inlet

*Above story found in Nunavut Tourism, Nunavut Fishing Traditions.



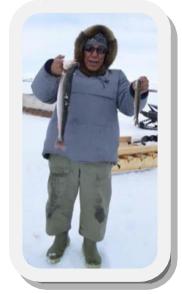


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FIRST FISH:

Roselynn Akulujuk

20.2 inches



SMALLEST FISH: Nute

Arnauyumayuq 10.5 inches



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BIGGEST FISH: Kitty Markwell 29 inches

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REFLECTION

Strength – of our ancestors and giving thanks for their resilience to allow me to enjoy this time and for their skills to make life possible for my generation and to pass on this value on to others and family.

Ookalik Curley, Mentorship Specialist, Sivumuaqatigiit Executive and Intergovernmental Affairs.

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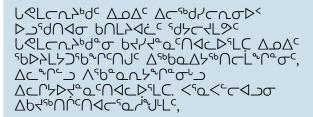




PASSING ON OF KNOWLEDGE



EIA CI Day Committee Members Riita Strickland and Maatalii Okalik with Inukpak guides Louis and Benoit after a successful day at Nunngarut.



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The EIA Cultural Immersion Day Committee wishes to thank the Department of Executive & Intergovernmental Affairs for the opportunity to organize another successful Cultural Immersion Day for the staff, their families and friends. Organizing this event required teamwork, great deal of planning, using best practices from previous CI Days, communication from within the Committee but also with the Department as a whole.

The Committee members are committed to the well-being of the staff of EIA and their families. Cultural Immersion Days provide an opportunity outside of the office environment for revitalization and reflection to improve employees' overall professional and personal well-being. Events such as these build new relationships for employees from other divisions that may not come together on a regular basis. These relationships are vital to ensure the machinery of the Department and the government operations as a whole, run efficiently to serve the people of Nunavut.

Cultural Immersion Day Departmental Planning Committee Riita Strickland, Susan Gardner, Hanna Wolff, Maatalii Okalik, Solomon Awa

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Culture & Heritage Cultural Day May 2017

We were blessed with perfect weather for our Cultural Immersion Day. It wasn't mushy. It wasn't cold and wind was periodical.

We got to see two flocks of birds migrate further north as spring time approaches. I won't even begin to guess where they are migrating to as their final resting spot for the entire summer.

Our Elder Moosa Akavak explained that before the advent of modern technology – such as Augers or even a metal tuuq – fishing on lakes did not occur until the ice naturally started to dissipate and holes naturally occurred. He said that if we suggested back then to go ice fishing this time of the year, we would be told that it's still too wintery because they did not have the modern tools we now possess.

Cultural Immersion Day is a great tool for co-workers to see firsthand how we all interact outside of the everyday work place. It opens eyes, and allows everyone to see the many different skillsets we all have. It is a team builder. I've attended many workshops around teambuilding, and there is absolutely nothing that compares to Cultural Immersion Day.

In any outing, large or small, there are two very important roles while travelling to and from destination. The first being the leader: s/he is an expert in all aspects of hunting; s/he knows how to read the ice and terrain; is an expert in the surrounding areas; and, is calm, cool and collected. Because this person leads the pact, s/he cannot account for each person, but will ask someone to bring up the rear. The person bringing up the rear has an important job function. The person accounts for the entire group during travel. The leader constantly asks during the travel (when we stop) if the entire group is accounted for. He'll ask once the group reaches its destination, prior to returning and finally at the final destination.

Suffice it to say, we didn't lose anyone in the group

Thank you!







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IQ Day Cultural Experience

When the opportunity to participate in IQ day presented itself, I was very eager to get a first-hand experience on what life is like in the arctic. This was the first time I had gone out on the land since moving to Iqaluit three months earlier, so I was very excited. The landscape during our ride to the fishing spot was breathtaking. I quickly realized why people are so fond of leaving the city and getting out on the land. My colleagues were very inviting and encouraged me to try my hand at digging fishing holes on the frozen river, ice fishing, and ptarmigan hunting. I learned a lot about Inuit culture from my fellow employees and the importance of maintaining these traditions.

I believe IQ days encourage positive morale to employee's and help enlighten newcomers to appreciate the land and to respect the traditions of its people. I had an unforgettable experience taking part in IQ day and would strongly recommend anyone who has the opportunity to participate to do so.

Steven Gallant Culture & Heritage

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Inuit Qaujimajatuqangit Information Sessions

The Inuit Qaujimajatuqangit (IQ) division of the Department of Culture and Heritage plays the lead role in coordinating Government of Nunavut approach to Inuit Qaujimajatuqangit, and in incorporating Inuit societal values in the design and delivery of public programs and services.

To support these initiatives, Culture and Heritage hosts a series of monthly IQ sessions in Iqaluit to share knowledge about traditional subjects that have contemporary relevance. The sessions are led by an Elder or Elders and focuses on topics related to Inuit culture and society in the past, as well as present-day and future concerns. Other speakers talk about Inuit perspectives, specifically how to apply them in the workplace. The sessions are held at the Culture and Heritage boardroom, Trigram Building 903 in Iqaluit, from 1:30 p.m. to 3 p.m. Translation services are provided. There is a maximum of 20 participants for each session.

Sessions on the following topics were held between November 2016 to June 2017: The Impact of Relocation of My family & Identity as an Inuk Education Leader

Colonization of my family in the last fifty years

Qulliq (Inuit oil lamp)

What are Inuit perspectives and how to apply them in the workplace
Inuit perspective on wellness and counseling
Iqaluit History

Medicinal Plants and Animals

Contact: Oleena Kolola at Culture and Heritage: email okolola@gov.nu.ca; phone at 975-5512.





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The Inuit Qaujimajatuqangit Sessions are very interesting to attend. I suggest they be attended by all who have decided to reside in the north, and by those in the younger generation. The stories made me proud that I was and am still a big part of such a traditional life.

I have attended four of the sessions, and I learned a lot from them. I cannot choose which one I liked the best because they were all very informative.

The sessions have given me the desire to share all the information that I have learned, so I try to remember what each elder has taught me.

What each elder talks about is solely from memories. This makes the sessions very interesting because they can remember detailed stories, images and information from a long time ago.

I share everything I have learned with my clients at my workplace. My clients are all men and I help teach them to live a more calm life in this busy world we live in now. I told them I have learned how to light a qulliq (Inuit oil lamp) and how to keep it lit and keep it going. I shared how their great-great-mothers used these qulliqs for very plain reasons like cooking and keeping their tent, qarmak (sod house) or igluvigait warm and to dry wet clothes. They are all quiet listening to me talk about qulliit just as I am in the Inuit Qaujimajatuqangit Sessions listening to our amazing elders talk from their memories.

(I teach inmates about addictions and Inuit traditional living among other things.)

Nipisha Bracken Tuqqaavik Counsellor/Facilitator Baffin Correctional Centre Makigiarvik ΔΦΔ^c ⁶βΡΑL [†]D^cβρικ [†]C D^cβρικ [†]

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The Inuit Qaujimajatuqangit Sessions hosted by Culture & Heritage are a great opportunity to hear directly from Elders and other experts about Inuit history, culture, and experiences. I have attended several different sessions, and every time I learn something new or see something in a new way. For example, learning more about Inuit counselling methods and Inuit adoption customs reminded me how Nunavut communities are so interconnected, and how the programs and services we offer need to support the community along with the individual. As a public servant, I know that I can serve Nunavummiut better when I have a better understanding of Inuit Qaujimajatuqangit and follow Inuit Societal Values.

Hanna Wolff
Director, Public Service Training
Department of Executive and Intergovernmental Affairs

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Dear colleagues-This article is about elders advice. I'd like to thank **Appitak Enuaraq** for his assistance. **Qujannamiiraaluk Appitak!**

I wish to thank my colleague and a good friend, Joyce Carter for making it English friendly. **Qujannamiiraaluk Joyce!**

With this particular article, I just wrote down the main points like I always do with the other articles but I did not elaborate on them. It is up to you to find out what exactly what they are saying. Of course different people will have different perspective on these. If I were to write this article with all the points etc., it could be a book. I don't think you want to read a book at this time, wait until I retire, then I might consider it, maybe.

As usual, please feel free to suggest, add, delete or comment on the article. Please feel free to suggest a topic for a future article. I truly value all suggestions and comments as they inspire me to keep writing.

Qujannamiik,

Advice from Elders Elijah Tigullaraq

Advice from the elders. Here are some of them...

- live in harmony, live clean and not be a burden to others
- listen to elder's advice, even if you do not agree with them
- don't do things that will have negative impact on others
- do not disappoint the animal world
- pay attention to the environment
- pay attention to the animals around you
- listen to and pay attention to the weather
- respect all things, animals, environment, others, insects, in-laws, and people
- there will be another time
- if you see anyone needing water, give them some; if you see someone hungry, feed them
- treat other people well, as you would your own relatives
- help whenever someone needs it without being asked
- all young people grow up...elders were not born old
- treat everyone the same; no special treatment
- do not love one child more than another
- be part of the community by contributing what you can, regardless how big/small
- do not speak negative things about your spouse to your relatives
- do not talk about personal things with other people that are not involved
- if you do something wrong, make it up somehow
- the animals know your character even though you may never have seen that animal, i.e. Polar bears
- even if something bad is done to you, do not retaliate, there are consequences for those who retaliate
- do not take what does not belong to you
- do not make fun or dwell on one's handicap
- never argue about a child in their presence
- many people do change for the better, given a chance to

2017-2019I QK Committee Members

The Inuit Qaujimajatuqangit Katimajiit (IQK) provides advice and assistance with Inuit Qaujimajatuqangit to the Government of Nunavut. The Katimajiit is an external body, providing a non-governmental advisory resource for all departments to consult on their Inuit Qaujimajatuqangit Initiatives. Working with the interdepartmental Tuttarviit, the Katimajiit assists in government efforts to achieve an Inuit Qaujimajatuqangit approach in its service delivery and day to day operations. The Inuit Qaujimajatuqangit Katimajiit does not limit departments in pursuing additional consultations, as required.

Nine new committee members were appointed in January 2017. These appointments support the Government of Nunavut's commitment to apply Inuit perspectives on science, culture, and values in government process.



Left to Right: Kigutikaarjuk Shappa~ Arctic Bay, Simon Qingnaqtuq ~Taloyoak, Annie Napayok ~ Whale Cove, Makabe Nartuk ~ Kugaaruk, Marie Anguti ~Kugaaruk, Mary Kanayuk Voisey~ Whale Cove, Zeke Ejetsiak ~ Cape Dorset, Jean Simailak ~ Baker Lake, Missing in photo Annie Tookalook from Sanikiluaq



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Department of Culture and Heritage
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We would like to hear from you.

If you would like to ask questions or give feedback, you will find our contact information below. The Department of Culture and Heritage welcomes anyone who would like to learn more about the department's initiatives, as well as anyone seeking advice about the Inuit Qaujimajatuqangit initiative in their home departments.

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